

BÖLÜM

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BÜYÜK TAKLİTÇİ MIKOZİS FUNGOİDESİN AYIRICI TANISI

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GİRİŞ

Mikozis fungoides derinin en sık görülen T hücreli lenfomasıdır. Hastalık ilk kez Jean-Louis Alibert tarafından tanımlanmıştır. Alibert, Lucas adlı bir hastanın yüzünde gelişen tümöral lezyonların farklı bir hastalık olduğunu ve dokuları mantarları ile büyük bir benzerlik gösteren bu tümörlerin, mantar gibi büyüdükten sonra, çürümüş meyveler gibi açıldığını ve tiksindirici bir kokuya neden olduğunu belirtmiştir (Long, 2021). Ernest Bazin ise hastalığı yama, plak ve tümör dönemleri tanımlamıştır. Böylece MF'in bu ilk tanımlanan klasik formu "**Alibert-Bazin hastalığı**" olarak adlandırılmıştır (Kazakov et al., 2004). Hastalığın eritrodermik formu ise uzun yıllar sonra (1938) Sézary ve Yves Bouvrain tarafından 58 yaşında obez bir kadın hastada tanımlanmıştır. Yüz ve ekstremitelerde şiddetli ödem bulunan bu eritrodermik hastanın hem derisi hem de kan örneklerinde aynı özelliklere sahip büyük çekirdeklere sahip yuvarlak veya poligonal hücreler tespit etmiştir. MF'in bu formunun agresif ve ölümcül seyir gösterdiğini ve bu hastalarda lenf nodu büyüklüğü geliştirdiği belirterek MF'e benzerliği nedeniyle "**paramikoz hemotrope**" adını önermiştir (Steffen, 2006).

Mikozis fungoides, ilk tanımlandığından beri asırlarca yıl geçmesine rağmen, birçok hastalık ile karışmaya devam etmektedir (Tablo 1). Hastalığın klasik formları klinik olarak özellikle ekzema ve psoriasis gibi inflamatuvar hastalıklar ile karışır. Tanı için klinik bulgular ile birlikte patolojik ve immünohistokimyasal

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SONUÇ

Mikozis fungoides çok sayıda farklı klinik görünüm sergilemesi nedeniyle birçok dermatolojik hastalığı taklit eder. Bu hastalığın erken tanısı için hastalık öncelik- le akla gelmeli ve patoloğlar ile işbirliğı içinde çalışılmalıdır.

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