

# **KOLAJEN DİYET**



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# KOLAJEN DİYET



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**Sürdürülebilir Kilo Kaybı, Parlayan Cilt,  
Mükemmel Bağırsak Sağlığı ve  
Daha Genç Bir Siz İçin 28 Günlük Plan**

**DR. JOSH AXE**

*Hayatımın aşkı, en iyi arkadaşım eşim Chelsea ve Tanrım için,  
Onlar olmasaydı bunların hiçbiri mümkün olmazdı*

DR. JOSH AXE



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