



## BÖLÜM 11

# PROGRESİF MULTİFOKAL LÖKOENSEFALOPATİ VE NÖROLOJİK ENFEKSİYONLARA BAĞLI DEMYELİNİZAN HASTALIKLAR

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### GİRİŞ

Progresif multifokal lökoensefalopati (PML), merkezi sinir sistemini multifokal tutan ciddi bir enfeksiyöz demiyelinizan hastalıktır. Polyomaviridae ailesinden bir DNA virüsü olan nörotropik özellikte 'JC (John Cunningham) virüs' tarafından oluşturulur. PML, özellikle hüresel immünitinin (sitotoksik T hücre) baskılandığı durumlarda latent JC virüsün reaktivasyonu ile ortaya çıkar (1).

### JCV VE PML PATOGENEZİ

PML esas olarak immüno Kompromize kişi hastalığıdır. Çalışılan popülasyona göre değişmekle birlikte normal popülasyonun %70-90'ında serumda JC virüse karşı antikorlar pozitif saptanmıştır (2). Ancak kişi eğer immüno kompetan ise bu kişilerde JC virüs ilişkili bir hastalık tablosu oluşması beklenmez. Virüs çoğu bireyde böbreklerde ve lenfoid organlarda latent kalır (3).

JCV'nin nörotropizmini nerede nasıl kazandığının mekanizması bilinmemektedir. Böbrekler, kemik iliği, dolaşımdaki lenfositler ve beyin viral replikasyonun meydana gelebileceği yerler olarak öngörülmektedir, ancak elde net veri yoktur. Reaktif olan virüslerin SSS'ne penetrasyonu hematojen yolla olmaktadır, bazı kaynaklara göre ise virüsün SSS'de olduğu ve burada reaktivasyonun

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## DİĞER VİRAL DEMYELİNİZAN HASTALIKLAR

**HIV enfeksiyonu**, mikroglyal nodül veya çok çekirdekli dev hücreli ensefalit, yaygın lökensefalopati ve vakuolar miyelopati dahil olmak üzere bir dizi beyaz cevher anormalliğine neden olabilir. Ek olarak, yüksek düzeyde aktif antiretroviral tedavi alan AIDS'li hastalarda zaman zaman PML'ye bağlı olmayan şiddetli inflamatuvar demiyelinizasyon gelişebilir (39-41). Lenfositlerin ve makrofajların yoğun perivasküler inflamatuvar infiltratı vardır. En azından ara sıra makrofajlar (bildirilen bazı vakalarda çoğu) HIV için immünopozitifdir. Viral RNA genellikle bol miktarda bulunur.

**Kızamık virüsüne bağlı subakut sklerozan panensefalit**, perivasküler inflamasyona ve beyaz cevherin (aynı zamanda gri cevherin) gliozuna neden olur. Bu, miyelinli liflerin yamalı veya yoğun kaybı ile ilişkili olabilir. Akson kaybı genellikle miyelin kaybıyla orantılıdır, ancak özellikle ciddi şekilde etkilenen beyaz maddenin kenarlarına doğru aksonlar bazen nispeten korunur. Kızamık virüsü intranükleer inklüzyon cisimcikleri görülebilir, ancak seyrek olma eğilimindedir. Çoğu durumda klinik ve serolojik bulgular tanısaldır ve viral RNA PCR ile tespit edilebilir (42).

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