

## Obezite ve Kalça

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### Giriş

Son yıllarda sürekli artış gösteren obez insan popülasyonu nedeniyle bu durumun insan vücudundaki etkilerinin incelenip bu etki sonuçlarının ortaya çıkarılması daha da önem kazanmaktadır. Bu bölümde vücudun büyük eklemlerinden olan ve ciddi yüke maruz kalan kalça eklemine obezite etkisi değerlendirilmiştir.

### Kalça Eklemi Anatomisi

Femur başı ile pelvisin asetabulum kısmı arasındaki top ve soket tipinde bir eklemdir (1). İskium, ilium ve pubis kemiklerinin birleşmesi ile asetabulum oluşur. Asetabulum eklem yüzü ortasında sinovyal doku bulunan at nalına benzeyen kıkırdak yapı ve çevresinde labrum adı verilen fibrokıkırdak yapı bulunur. At nalının uçları transvers asetabuler ligament ile birleşir. Asetabulum

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