Bölüm
28

BOYUN BÖLGESİNDE AĞRI YAPAN TİROİD HASTALIKLARI

Sevde Nur FIRAT[1]

GİRİŞ

Tiroid bezi boyun ön tarafında C5-T1 seviyesinde bulunan, tiroid hormonlarını üreten, depolayan ve gerektiğinde kana salan bir bezdir. Ortalama ağırlığı 25-30 gramdır. Tiroid bezinin ağrılı hastalıkları nadir görülmekle beraber en sık neden tiroiditlerdir. Tiroiditler bir çok sebeple ortaya çıkabilen tiroidin inflamatuar hastalıklarıdır. Enfeksiyoz veya otoimmun nedenlere bağlı gelişebilir ve klinik tablo ağrılı veya ağrısız olarak seyredebilir.

Tiroiditler dışında da tiroid bezinde ağrı yapan birçok neden bulunmaktadır . **Tablo 1'de** ağrı yapan tüm tiroid hastalıkları gösterilmiştir.

Tablo 1. Ağrılı tiroid hastalıkları

- Subakut Tiroidit (SAT)
- Akut süpüratif (bakteriyel) tiroidit(AST)
- Tiroid kisti veya nodülü içine kanama
- İnfekte brachial kleft kisti
- İnfekte tiroglossal kanal kisti
- Hızlı büyüyen anaplastik tiroid kanserleri
- Radyasyon tiroiditi
- Ağrılı hashimoto tiroiditi

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mıştır. Tiroid bezi de bunlardan biridir. Sıklıkla ağrıya neden olan bir yapı olmamakla beraber, boyun ve boğaz ağrılarının ayırıcı tanısında yukarda bahsedilen durumlar gözden kaçırılmamalıdır.

Anahtar Kelimeler: Tiroid bezi, Subakut tiroidit, akut bakteriyel tiroidit, tiroid kisti, radyasyon tiroiditi,

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