

## BÖLÜM 2



# GEÇİŞ DÖNEMİNDE ENERJİ DENGESİ VE POSTPARTUM SÜRECE ETKİSİ

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## GEÇİŞ DÖNEMİNDE ENERJİ İHTİYACI VE POSTPARTUM SÜRECE ETKİLERİ

Geçiş dönemi, ineklerde doğumdan önceki ve sonraki 3 haftayı kapsayan dönemdir. Doğuma yakın süreçte yaşanan endokrin değişimler, laktasyona hazırlık, artan enerji, vitamin, mineral ve protein ihtiyacı ile kuru madde alımının azalması sonucunda oluşan negatif enerji dengesi ve bağışıklık siteminin baskılanması ile geçiş döneminde inekler metabolik, enfeksiyöz ve reproduktif hastalıklara karşı daha yüksek risk altındadır. Geçiş dönemi sırasında yaşanan tüm sağlık sorunları, ineğin üreme ve süt verim performanslarını olumsuz etkilemeye, dolayısıyla da ekonomik kayıplara neden olmaktadır, bu nedenle geçiş dönemi ineğin yaşamındaki en önemli dönemlerden biridir (1, 2). Bu dönemde negatif enerji dengesine bağlı olarak oluşabilecek sorunları önlemek, kayıpları en aza indirmek ve fertiliteyi artttırmak için geçiş dönemi sürü sevk-ıdaresi ile beslenmesine önem verilmelidir.

Süt ineklerinde beslenmeden kazanılan enerji ile yaşama, laktasyon, kolostrum ile gebelik için kaybedilen enerji arasında oluşan fark ‘Enerji Den-

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alınan besinlerin öncelikle süt verimine yönlendirilmesi ve geçiş döneminde yaşanan endokrinolojik ve fizyolojik değişiklikler, reproduktif parametreler ile genel sağlık üzerine olumsuz etki etmekte, bunların sonucunda da ciddi ekonomik kayıplar oluşmaktadır. Bu dönemde negatif enerji dengesine bağlı olarak oluşabilecek sorunları önlemek, kayıpları en aza indirmek, fertiliteyi arttırmak için geçiş dönemi sürü sevk-idaresi, beslenmesine önem verilmelidir. Geçiş döneminde metabolik hastalıklar, NED ve VKS değişimi izlenerek saptanan aksaklılıklar zamanında giderilmelidir.

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