

## BÖLÜM 15

# DİĞER BİFURKASYON STENTLEME TEKNİKLERİ

Ahmet GÜNER

Ezgi Gültekin GÜNER

### 1.Skirt (Y-Stent) Teknikleri

“Skirt” tekniği olarak da adlandırılan Y-stentleme, ilk olarak 1996 yılında, Medina 1,0,0 lezyonları, yani bifurkasyonun hemen proksimalinde bulunan lezyonlar için yayınlandı [1]. Tanımlanan ilk bifurkasyon stentleme tekniği olması nedeniyle tarihsel öneme sahiptir. 2006 yılında, bu teknikle tedavi edilen 30 bifurkasyon lezyon serisi bildiren Helqvist ve ark., bu tekniği karinanın kapsamını iyileştiren bir dizi modifiye eklemelerle güncelledi [2]. 2021 yılında, Ying Jia Ding ve ark. tarafından daha da modifiye edilerek, 6 Fr kılavuz kateter kullanımına izin veren ve radyal arter yoluyla yapılan geçici bir Y-stent yaklaşımı tanımladılar [3]. Bu teknik kullanılarak yapılan ardışık 167 koroner bifurkasyon stentleme prosedürünün uzun dönem sonuçları raporladılar. Üç yıllık takipte, modifiye skirt tekniği, %6 kardiyovasküler mortalite, %7 miyokard en-

farktüsü (MI), %1 hedef lezyon revaskülarizasyonu, %0.6 stent trombozu (ST) insidansına sahipti [4]. Ayrıca, hedef damar revaskülarizasyonu (TVR) gerektiren hasta olmadı.

#### 1.1. Adım Adım Skirt Stentleme Tekniği (Şekil 15.1)

##### Adım #1

Anjiyografik görüntü değerlendirmesi, ana dal (AD), yan dal (YD) ve bifurkasyon karinasını açıkça gösteren en az iki ortogonal poz içermelidir. Özellikle bifurkasyon karinası **için foreshortening veya overlap'den** kaçınılmalıdır.

##### Adım #2

Hem AD hem de YD kılavuz teller ile geçilir. Gerekirse kissing balon (KB) dilatasyonu da dahil olmak üzere balon anjiyoplasti ile AD ve YD lezyonlarını predilete edilebilir.

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