SEREBRAL PALSİDE ÜST EKSTREMİTE SORUNLARI

5. BÖLÜM

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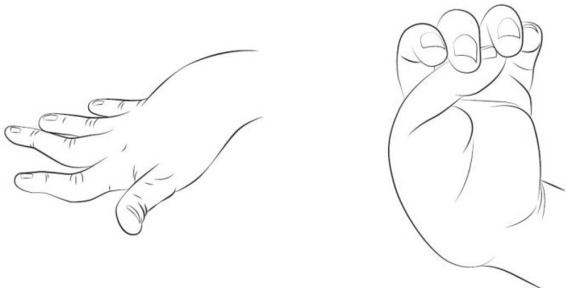
Serebral Palsi (SP)'de santral sinir sistemindeki hasara bağlı; eklemlerde birçok klinik tablo ortaya çıkabilir bunlar; kas fibrozisi, atrofi, eklem kontraktürü, kemik ve eklemlerde yapısal değişiklikler, eklemlerde instabilite problemleri ve ekstremite uzunluk farklılığıdır (1,2). Farklı subtiplerde farklı klinik tablolar ortaya çıkabilir; diplejik hastalarda tutulum üst ekstremitede alt ekstremiteye göre daha hafiftir. Başta hemiplejik veya kuadriplejik hastalarda daha şiddetli olmak üzere, çoğu hastada üst ekstremite tutulumu görülür (Şekil-1) (4,5).



Şekil 1. Solda parmakta kuğu boynu deformitesi ve sağda Thumb-in-Palm deformitesi

SP'deki üst ekstremite cerrahisi altta yatan patolojiyi düzeltmeye yönelik olmayıp, palyatif ve progresyonu azaltmayı amaçlamaktadır (7,8). SP'li ço-

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