

Aile İçi Şiddet

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Aile içi şiddet çeşitli kültür, sınıf, eğitim, gelir düzeyi, etnik köken ve yaş sınırlarının ötesinde, tüm ülkelerde saptanan bir olgudur.[1] Bir ilişkide genellikle biri tarafından diğeri kontrol altında tutmak için kullanılır. Türkiye’de mevcut verilerin güvenilirlik sorunları nedeniyle, tam olarak kadınların ne kadarının aile içi şiddete maruz kaldığını belirlemek zordur. Aile içi şiddet pek çok durumda şiddete maruz kalma riskinin fazla olduğu toplumlarda sosyal açıdan normal kabul edilmektedir. Güvenlik, utanma, korku ve farkındalık eksikliği gibi nedenlerden dolayı aile içi şiddet çoğunlukla bildirilmemektedir.[2-5]

Türkiye’de aile içi şiddet 1998’den bu yana “Aileyi Koruma Kanununa” göre düzenlenip cezalandırılmaktadır.[6] Buna rağmen, aile içi şiddetin Türk kadınlarının hayatını ne ölçüde etkilediği ile ilgili yapılan çalışmalar, kasvetli bir görüntü sergilemektedir. Kadınların aile üyeleri tarafından üçte biri ile yarısı arasında değişen oranlarda, fiziksel olarak mağdur edildiği tahmin edilmektedir.[7,8] Kadınlar, fiziksel ve duygusal istismarı eşlerinin bir hakkı olarak görmekte ve bazı davranışlarının daha az şiddet görmeyi sağlayabileceğini kabul etmektedir. Ekonomik ve kültürel yönden eşlerine bağımlı oldukları için şiddete karşı seslerini çıkarmayabilmektedirler.[9]

Aile içi şiddet politika ile ilgilenen toplum kuruluşları, mahkemeler, polis, sağlık sektörü ve sosyal hizmet sağlayıcıları da dâhil olmak üzere çeşitli kurumların uyum içinde çalışmasını gerektiren çok yönlü ve karmaşık bir olgudur. Aile içi şiddet, kişinin fiziksel yaralanması, ekonomik ya da diğer kaynakların kısıtlanması, aşağılanma ve kişinin yıpranması ile gözlenebilen ve hayattan zevk alamama, ağrı, bitkinlik, sosyal içe çekilme, depresyon, korku ve özgüven eksikliği, dikkat ve üretkenlikte azalma ile sonuçlanabilen psikolojik, fiziksel, cinsel, ekonomik ve duygusal istismarı içeren geniş bir spektrumda incelenmektedir.[10,11] Türkiye’de aile içi şiddet hakkında detaylı bilgi ve veri sağlayan çalışmaların sayısı kısıtlıdır. Bu konuda mevcut bilgi ve güvenilir kayıtlarının yetersiz olması, şiddet

nı geliştirmek ve kadın ve çocuğa yönelik şiddetin ortadan kaldırılmasına çalışmaya devam etmek için uygun önlemlerin alınması gerekmektedir. Bu sorunları çözmek için gelecek uygulamaların geliştirmesinde, daha fazla değerlendirme ve planlamaya ihtiyacımız vardır.

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