

# Bölüm 10

## KEMİK ENFEKSİYONLARI

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### A-AKUT OSTEOMYELIT

Tanım: Kemik dokuya çeşitli yolla özellikle de hematogen yolla ulaşan patojen mikroorganizmaların kemik dokuda oluşturduğu septik inflamasyonuna osteomyelit denir.

Bu hastalık halen bilinmeyenlerle ve tartışmalarla dolu bir hastalıktır.

#### Sınıflandırma:

Osteomyelit ile ilgili birçok sınıflama yapılmıştır. Ancak bunların birçoğu klinik yararı olmadığı için terk edilmiştir.

#### *Anatomik sınıflama*

#### *Medüller osteomyelit:*

Enfeksiyon kemik dokunun medüller bölgesinde sınırlıdır. Genellikle hematogen osteomyelit ve intramedüller çivilere sekonder gelişen osteomyelit bu evredir.

#### *Yüzeyel osteomyelit:*

Bu tip osteomyelitler komşuluk yolu ile bulaşan osteomyelitleri tanımlar. Ancak sıklıkla plak-vi-da girişiminden sonra bu tip osteomyelitler oluşur.

#### *Lokalize osteomyelit:*

Kemiğin bir tarafının korteksi ve medullası enfekte olmuştur. Bu tip osteomyelitlerde kemik doku stabil olup impending kırık riski yoktur

#### *Düffüz osteomyelit:*

Kemik dokunun sirküler tarzda hem medullası hem de korteksi enfektidir. Bu tip enfeksiyonlarda kemik dokuda unstabilite söz konusu olup kırık riski (impending kırık) vardır. Önlem alınmalıdır.

Cerrahi

Antifungal tedavi

- Polienler: Amfotersin-B
- İmidazol: Mikanazol, ketokonazol
- 5-fluoritozinler:

Bu antifungallerin kombinasyonu yan etkilerinin ciddiyetinden dolayı pek kullanılmaz. Ancak rifampin, tetrasiklinlerle kombinasyonu yüz güldürücü sonuçlar vermektedir.

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