

## BÖLÜM 4

# CERRAHİ OLMAYAN TEKRARLAYAN ENDODONTİK TEDAVİLER

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### GİRİŞ

Kanal tedavisinin başarısız olduğu durumlarda, cerrahi olmayan tekrarlayan endodontik tedaviler, periradiküler cerrahi ve çekim tedavi seçenekleri arasındadır. Ancak, cerrahi olmayan tekrarlayan endodontik tedaviler (retreatment), en konservatif metot olmasından dolayı günümüzde ilk seçenek olarak görülmektedir.<sup>1</sup>

Retreatment tedavilerindeki en önemli faktör, kök kanal dolgusunun uzaklaştırılıp kök kanalının ideal olarak temizlenebilmesidir. Bu yüzden güta-perkalari uzaklaştırabilmek için birçok yöntem ve materyal kullanılmaktadır. Bunlardan bazıları; sıcak yöntemler, solventler, lazer, ultrasonikler, mekanik yöntemler ve bütün bunların kombinasyonlarıdır. Ayrıca, farklı dizayndaki nikel titanyum (NiTi) döner aletler de güta-perkanın daha etkili uzaklaştırılması için geliştirilmiştir.<sup>2-4</sup>

Başarısız kök kanal tedavileri genellikle kök kanal sisteminin yetersiz dezenfeksiyonundan, yetersiz veya taşkın kök kanal dolgularından ve yetersiz koronal restorasyonlardan kaynaklanabilmektedir.<sup>5-8</sup>

İlk kez yapılan kök kanal tedavilerinde başarı oranları oldukça yüksektir ancak az da olsa başarısız olma olasılığı (%12-19) vardır. Başlıca başarısızlık nedenleri perforasyonlar, bulunamayan kanallar, kistik lezyonlar, iatrojenik hatalar ve kök kırıklarıdır.<sup>9-11</sup>

Bazı çalışmalara göre; retreatment tedavisi sonrasında dişlerdeki radyolusensi, kök kanal dolumunun kalitesi ve perforasyonlar incelenerek değerlendirilen başarı oranının %62-82 arasında olduğu gözlemlenmiştir.<sup>10,11</sup>

Tekrarlayan tedavilerin birçoğunun önüne geçilmesi mümkündür. Bunun için ilk tedavide başarı koşulları dikkatlice yerine getirilmeli ve temel endodonti kurallarına bağlı kalınmalıdır.

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## SONUÇ

Endodontik tedavilerin yenilenmesinde, vakaya uygun olarak seçilen teknikle kök kanal dolgusu söküldükten sonra, kanalların yeniden endodontik prensiplere uygun bir şekilde temizlenmesi ve preperasyonu, sonrasında ise sızdırmaz bir şekilde doldurulması ile başarı sağlanabilmesi mümkündür. Retreatment tedavileri, ilk yapılan tedavilerden birçok noktada farklılık gösterirler. NiTi döner aletleri ile kök kanalının temizliği kolaylaşsa da, kanalın tamamen artıklardan arındırılması imkansızdır. Kök kanal tedavisinin başarısında pek çok faktör rol almaktadır. Bu başarısızlık sebeplerinin en başında mikrobiyal faktörler yer alır. Bu yüzden kök kanal tedavisinde bir sorun varsa, öncelikle kanal içi mikrobiyal faktörler düşünülmesi ve tedavinin yenilenmesi için dış incelenmelidir. Retreatment yapılacak dişin başarılı olması için en önemli faktör yeterli dezenfeksiyonun sağlanmasıdır. Retreatment uygulamaları içerisinde cerrahi olmayan retreatment en fazla tercih edilen tedavi şeklidir. Eğer cerrahi olmayan retreatment uygulanamıyorsa veya başarılı olunamamışsa cerrahi yöntemlere başvurulabilir.

**Anahtar Kelimeler:** Endodonti, güta-perka, kök kanal tedavisi, retreatment

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