

BÖLÜM 8

TOTAL DIŞSİZ HASTALARDA GÜNCEL TEDAVİ YÖNTEMLERİ

Şeyma YILDIZ¹
Zeynep YEŞİL DUYMUŞ²
Mustafa YILDIRIM³

GİRİŞ

Dünya çapında bir sağlık problemi olan Edentulizm dişlerin tamamen kaybedilmesi olarak tanımlanır (1). Dünya Sağlık Örgütü (WHO) kriterlerine göre dişsiz hastalar çiğneme ve konuşma fonksiyonlarını yeterince yapamadıkları için engelli/ fiziksel engelli olarak kabul edilmektedirler (2).

Edentulizm, diş çürüğü, periodontal problemler, travma ve ağız kanseri gibi hastalıklar nedeniyle meydana gelir. Edentulisme yol açan sosyal ve/veya davranışsal faktörler arasında özellikle sosyo-ekonomik durum ve bakım yetersizliği yer alır (3).

Edentulizm, bireyi önemli ölçüde etkileyebilen sistemik hastalıklar eşlik eder. Edentulizm, kötü beslenme alışkanlıkları ve zayıf besin alımı, osteoporoz, hipertansiyon ve koroner arter hastalığı ile ilişkilendirilmiştir. Bunların yanı sıra, dişsiz hastaların sigara içen ve astım, amfizem ve kanser gibi sigara ile ilişkili hastalıklara sahip olma olasılığının daha yüksek olduğu bildi-

¹ Arş.Gör., Recep Tayyip Erdoğan Üniversitesi Diş Hekimliği Fakültesi Protetik Diş Tedavisi ABD, seyma.yildiz@erdogan.edu.tr

² Prof. Dr., Atatürk, Recep Tayyip Erdoğan Üniversitesi Diş Hekimliği Fakültesi Protetik Diş Tedavisi ABD, zeynep.yesilduymus@erdogan.edu.tr

³ Uzm. Dt., Osmaniye Ağız ve Diş Sağlığı Merkezi Protetik Diş Tedavisi, mustafayildirim@saglik.gov.tr

(57). Böylece daha az implantla ve daha düşük maliyetle tam ark implant destekli protez üretebilmenin önemi artmıştır.

Protez tipine bakılmaksızın, dental implantlar dişsiz hastalar için protetik başarıyı arttırabilir ve yaşamlarını gerçekten değiştirebilir.

SONUÇ

Dünya genelinde artan nüfus nedeniyle, dişsiz hastaları rehabilite etme ihtiyacı küresel olarak devam edecektir. Diş hekimliği mesleği, gelecekte bu hastaların en iyi şekilde nasıl tedavi edilebileceği sorunuyla karşı karşıya kalacaktır. En etkili olarak kabul edilen bir yöntem olmamasına karşın, dişsiz hastalara sağlığı, işlevselliği, konforu ve estetiği geri kazandırmak ana amaç olmalıdır.

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