

## BÖLÜM 4

# EKLEMELİ ÜRETİM TEKNİKLERİ ve DIŞ HEKİMLİĞİNDEKİ YERİ

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### GİRİŞ

Eklemeli üretim (additive manufacturing) veya daha genel olarak bilinen adı ile 3D baskı, nesnelere üretilme biçimine yeni bir boyut katması sebebiyle üçüncü sanayi devrimi olarak nitelendirilebilir. Geleneksel üretim tekniklerinde, bir hammaddenin tamamlanmış ve kullanılabilir bir ürüne dönüştürülmesi birkaç adımda gerçekleştirilebilirken; eklemeli üretim son ürünün çok daha hızlı bir biçimde doğrudan hammaddeden elde edilebilmesini sağlamaktadır. Bu nedenle otomotiv, havacılık, basılı elektronik ve sağlık hizmetleri gibi çeşitli sektörlerde yaygın şekilde kullanılmaktadır. Hastaya özgü tedavi seçeneklerinin istenilen doğruluk ve hassasiyetle üretilebilme potansiyeli nedeniyle sağlık sektöründe de popüleritesi git gide artmakta olan eklemeli üretim teknikleri ile kalp kapakçıkları, göğüs kafesleri ve kemikler üretilebilmektedir. Eklemeli üretim teknikleri ile seramik, metal, polimer ve kompozit gibi çeşitli dış hekimliği materyallerinin kullanımı mümkündür. Bu derlemede eklemeli üretim tekniklerinin dış hekimliği uygulamalarındaki yeri ve bu konuyla ilgili literatür incelenmektedir.

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koyduğunu rapor etmişlerdir<sup>(131)</sup>. SLA ile üretilen implant üstü zirkonya kronların internal ve marjinal uyumlarını değerlendiren bir çalışmada ise frezeleme yöntemi ile elde edilen kronların uyumlarının istatistiksel olarak daha yüksek olduğu ifade edilmiştir. Bununla birlikte, aynı çalışmada SLA kronlarda meydana getirilen boyutsal ve yapısal değişikliklerin iki değişken üzerinde de pozitif yönde bir etki yaptığı bildirilmiştir<sup>(133)</sup>. Zandinejad ve ark. SLA yöntemi ile hazırlanan implant üstü zirkonya kronların kırılma dayanımlarını inceledikleri çalışmalarında, frezelenerek hazırlanan zirkonya ve lityum disilikat kronların daha yüksek değerler göstermelerine rağmen test grupları arasında istatistiksel herhangi bir fark bulunmadığını göstermişlerdir<sup>(132)</sup>.

## **SONUÇ**

Ekleme üretim teknolojileri, farklı tipte yazılımlar kullanarak çeşitli dental uygulamaların özelleştirilmiş tasarımına yönelik yenilikçi bir tekniktir. Protetik restorasyonların, ortodontik apareylerin, implantların ve birçok diğer tedavinin hasta gereksinimine göre etkili bir şekilde tasarlanması ve uygulanmasına olanak sağlamaktadır. Diş hekimliği uygulamalarının yanı sıra laboratuvar aşamalarında da hızlı ve etkili çözümler sunması, eklemeli üretim teknolojilerinin popülerliğini arttırmaktadır. Dijital diş hekimliği uygulamalarını da materyal çeşitliliği, üretim hızı, hassasiyeti ve maliyetiyle kökünden değiştirebilecek olan eklemeli üretim teknolojilerinin hala detaylı olarak araştırılması ve geliştirilmesi gerekmektedir.

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