BÖLÜM 36

METAANALİZ: PAKET PROGRAM UYGULAMALARI VE MAKALE ÖRNEKLERİ

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Bu Ünitede Neler Öğreneceksiniz?

Bu üniteyi tamamladıktan sonra; meta-analiz tasarlayabilirsiniz.

RevMan web kullanarak metaanaliz yapabilirsiniz.

Hedefler

- Metaanaliz tasarımı ve uygulaması,
- RevMan web ile meta-analiz tasarlama,
- Metaanaliz raporlama ve sunma.

Meta-analiz (MA); önceden belirlenmiş kurallarla sistematik derleme yapılarak elde edilmiş iki ya da daha fazla çalışmadan elde edilen sonuçların harmanlanarak belli bir durum, uygulama, girişim ya da ilaç etkinliği hakkında mevcut verileri tek bir çatı altında değerlendiren istatistik yöntemler bütünüdür. Kısacası 'analizlerin analizi' olarak ifade edilmektedir. Bu nedenle kanıt piramidinin en üst basamağında yer almaktadır. Hızla ilerleyen teknolojiye paralel artan bilimsel çalışmalar kanıta dayalı tıp için oldukça fazla veri sağlamakla birlikte en uygun yaklaşıma ulaşmak için harcanması gereken zamanı artırmaktadır. Bu noktada bir konu üzerindeki çalışmaları bir arada değerlendiren MA'ler araştırmacılar için hem güvenilir bir kaynak hem de zaman ve enerji tasarrufu sağlamaktadır.

Bireysel veri içeren Birleştirilmiş MA ('pooled meta-analysis')

Meta-analize dahil edilen bütün çalışmalardaki katılımcıların ham verilerini ayrı ayrı istatistiksel olarak ortak bir yöntemle birleştirerek değerlendiren MA'lerdir.

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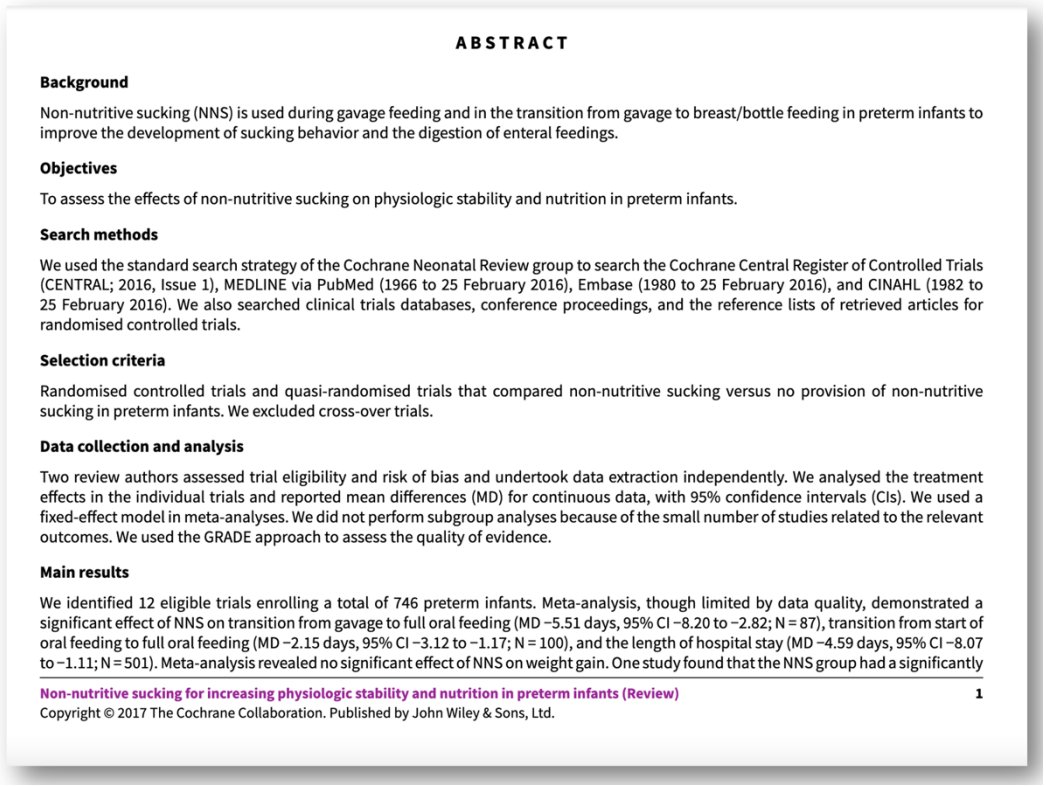

ABSTRACT

Background

Non-nutritive sucking (NNS) is used during gavage feeding and in the transition from gavage to breast/bottle feeding in preterm infants to improve the development of sucking behavior and the digestion of enteral feedings.

Objectives

To assess the effects of non-nutritive sucking on physiologic stability and nutrition in preterm infants.

Search methods

We used the standard search strategy of the Cochrane Neonatal Review group to search the Cochrane Central Register of Controlled Trials (CENTRAL; 2016, Issue 1), MEDLINE via PubMed (1966 to 25 February 2016), Embase (1980 to 25 February 2016), and CINAHL (1982 to 25 February 2016). We also searched clinical trials databases, conference proceedings, and the reference lists of retrieved articles for randomised controlled trials.

Selection criteria

Randomised controlled trials and quasi-randomised trials that compared non-nutritive sucking versus no provision of non-nutritive sucking in preterm infants. We excluded cross-over trials.

Data collection and analysis

Two review authors assessed trial eligibility and risk of bias and undertook data extraction independently. We analysed the treatment effects in the individual trials and reported mean differences (MD) for continuous data, with 95% confidence intervals (CIs). We used a fixed-effect model in meta-analyses. We did not perform subgroup analyses because of the small number of studies related to the relevant outcomes. We used the GRADE approach to assess the quality of evidence.

Main results

We identified 12 eligible trials enrolling a total of 746 preterm infants. Meta-analysis, though limited by data quality, demonstrated a significant effect of NNS on transition from gavage to full oral feeding (MD −5.51 days, 95% CI −8.20 to −2.82; N = 87), transition from start of oral feeding to full oral feeding (MD −2.15 days, 95% CI −3.12 to −1.17; N = 100), and the length of hospital stay (MD −4.59 days, 95% CI −8.07 to −1.11; N = 501). Meta-analysis revealed no significant effect of NNS on weight gain. One study found that the NNS group had a significantly

Şekil 30: Örnek araştırma özeti (Foster et al., 2016)

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