

Gastrointestinal Endoskopik Girişimlerde Sedasyon

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Minimal invaziv tekniklerdeki gelişmelere bağlı olarak tanı ve tedavi amaçlı gastrointestinal endoskopik girişim endikasyonları artmıştır. Gastrointestinal sistem (GIS) endoskopik girişimleri sıkılıkla ameliyathane dışında endoskopı ünitelerinde ve günübirlik olarak uygulanmaktadır (**Resim II-14-1. Endoskopı ünitesi**). Bu girişimlerde sedasyon kararı hasta ilişkili faktörlere, işlemin türüne, işlemin süresine ve gastroenteroloğun tercihine bağlıdır. Tedavi amaçlı uygulanan endoskopik girişimlerde tarama amaçlı endoskopilere kıyasla sedasyon gereksinimi daha yüksektir. Sedasyon derinliği ise uygulanan işleme, muhtemel uygulama süresine, hastada endoskopı yapılmasını gerektiren soruna, eşlik eden diğer hastalıklara göre belirlenir. Rutin endoskopik işlemlerin çoğu, hızlı derlenme beklenen günübirlik hastalardadır. Gastrointestinal sistem endoskopik girişimleri sıkılıkla spontan solunum korunarak uygulanabilmektedir. Ancak acil durumlarda havayolunu kontrol altına alabilmek için gerekli hazırlıklar yapılmalıdır. Endoskopı üniteleri hasta döngüsünün yüksek olduğu ünitelerdir ve anestezi ekibinden bu döngüye uymaları beklenir. Hastaların tüm preoperatif değerlendirmeleri yapıldıktan ve hasta güvenliği için gerekli olan ilaç, donanım ve personelin ünitede olduğundan emin olunduktan sonra uygulamaya başlamalıdır.



Resim II-14-1. Endoskopı ünitesi

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