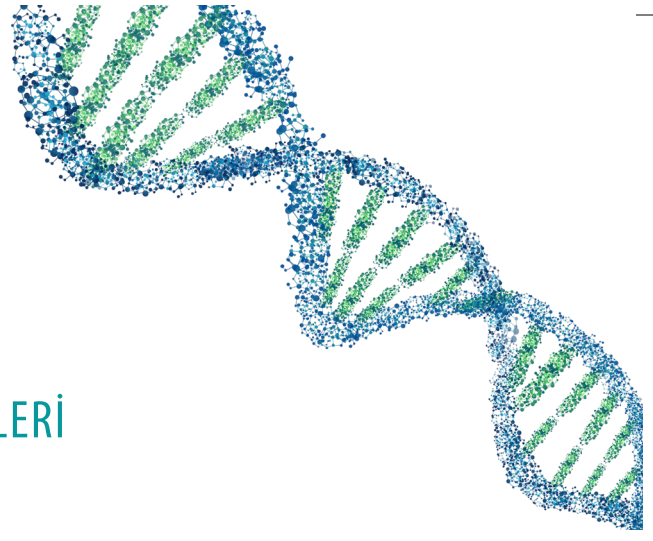


BÖLÜM 13

GEÇMİŞTEN GÜNÜMÜZE AŞI TEKNOLOJİLERİ



Aykut ÖZDARENELİ¹

Giriş

Aşı, bir patojene maruz kalındığında enfeksiyona ve/veya hastalığa karşı koruma sağlayan bağışıklık tepkisini güvenli bir şekilde başlatmak için kullanılan biyolojik bir üründür. Bu amaçla aşı ya patojenden türetilen ya da patojenin bileşenlerini temsil etmek üzere sentetik olarak üretilen antijenler içermelidir. Bağışıklık yanıtı ile aşının koruyuculuğu arasındaki ilişki yeni aşıların geliştirilmesindeki temeli oluşturmaktadır¹.

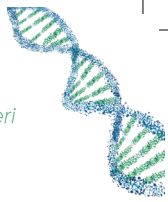
Aşılama, bulaşıcı hastalıkları önlemenin en etkili yoludur. Küresel ölçekte ölüm oranındaki düşüşe rağmen, gelişmemiş ülkelerdeki ilk 10 ölüm nedeninden altısını bulaşıcı hastalıklar oluşturmaktadır².

Aşılar, ulusal bağışıklama programlarının ilk kez 1960'larda koordine edilmesinden beri halk sağlığına katkı sağlamaktadır. Dünya Sağlık Örgütü (DSÖ) verilerine göre, mevcut bağışıklama programlarıyla her yıl en az 2 milyon hayatın kurtarıldığı

tahmin edilmektedir. Bu sayede dünya çapında 5 yaşından küçük çocuklarda 1990 yılında %9,3 olan ölüm oranının, 2018 yılında %3,9'a düşmesinin sağladığı düşünülmektedir^{3,4}.

Aşılar, aktif ve pasif olmak üzere iki geniş kategoriye ayrılabilirler. Aktif aşılar, humoral ya da hücrel bağışıklık sisteminin birini veya her ikisini aktive ederek bir hastalığı önlemesi, iyileştirmesi veya neden olan patojeni ortadan kaldırması için uyarır. Pasif aşılar, bir patojene veya hastalığa potansiyel maruziyetten önce veya maruziyet sırasında uygulanan, hastalığa karşı koruyucu olan veya koruyucu olduğu bilinen antikor preparatlarıdır⁵. Aktif aşılar sırasıyla canlı attenüe aşılar, inaktif/ölü aşılar, alt ünite aşıları, virüs benzeri partikül aşıları, vektör temelli aşılar ve nükleik asit temelli aşılar olmak üzere beş ana kategoriye ayrılabilir⁶. Bu bölümde aşılar; alt ünite aşıları, virüs benzeri partiküller, vektör temelli aşılar, DNA aşıları ve mRNA aşıları olmak üzere 5 ana başlık altında incelenecektir.

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nanokompleks oluşumunu etkiler. Katyonik bir peptit olan ve sıklıkla kullanılan protamin, çözeltide mRNA ile NaCl konsantrasyonuna bağlı olarak kendiliğinden bir kompleks oluşturur⁸⁹. Protamin ile formüle edilen mRNA, RNaz bozunmasına karşı daha dirençlidir ve *in vivo* olarak daha iyi stabilite gösterir⁹⁰.

6.7. Katyonik nanoemülsiyon

Katyonik nanoemülsiyon (CNE), katyonik lipidlerin mRNA iletimi için kullanıldığı bir yöntemdir. Nanoemülsiyonda, sulu fazda yağ damlacığını stabilize etmek için hidrofobik ve hidrofilik yüzey aktif maddeler kullanılarak partiküller oluşturulur⁸¹. Bunun en bilinen örneği olan MF59, inaktif grip aşısı ile kullanılan FDA onaylı bir nanoemülsiyon adjuvanıdır⁹¹.

6.8. Dendritik hücre temelli mRNA aşıları

Terapötik aşılama, adaptif bağışıklığın etkin bir şekilde aktivasyonu gerekir. Bunun için, ASH'ler antijenleri alır, işler ve fonksiyonel lenfositlere sunar. DC'ler, yakalanan mikroorganizmalar, virüsler enfekte hücreler ve tümör hücreleri gibi çeşitli kaynaklardan işlenen antijenleri sunabilir⁹². mRNA'ların DC'lere iletimi için elektroporasyon ve LNP gibi çeşitli stratejiler kullanılır. Bunlardan en sık kullanılan yöntem elektroporasyondur.

6.9. mRNA aşılarının güncel durumları

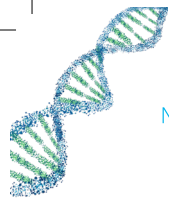
Kuduz ve grip gibi viral ajanlara ve kansere karşı geliştirilen mRNA aşıları, sağlıklı gönüllülerde ve hastalarda humoral ve hücrel bağışıklık yanıtı oluşturmuştur⁸³. BNT162b2 aşısının Faz III klinik çalışmasında 40.000'den fazla kişi yer almış ve COVID-19'u engellemede %95 etkili olduğu tespit edilmiştir. mRNA-1273 aşısı ise, Faz III aşamasında 30.000'den fazla katılımcıda COVID-19'u engellemede %94 etkinlik sağlamıştır⁹³. CureVac tarafından geliştirilen aşı adayı (CVnCoV) ise ilk aşamalarda başarılı olsa da Faz III aşamasında %47 etkinlik göstererek başarısız olmuştur²⁹. Bazı mRNA aşı adaylarının güncel durumları Tablo 7'de verilmiştir.

Tablo 7. Bazı mRNA aşı adaylarının güncel durumları⁹⁴.

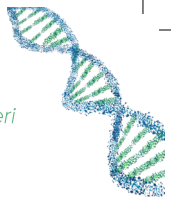
Hedef	Taşıyıcı	Kurum Adı	Durum
Zika	LNP	Moderna	Faz I
Kuduz	Protamin	Curevac	Faz I
Influenza A - Influenza B		Moderna	Faz I/II
İnsan Sitomegalovirüs	LNP	Moderna	Faz II
Influenza (H3N2)		Translate Bio, Sanofi	Faz I

Kaynaklar

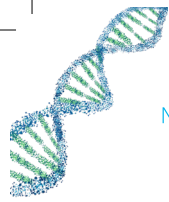
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