

# NÖROENDOKRİN TÜMÖR METASTAZLARI VE GÜNCEL CERRAHİ TEDAVİ SEÇENEKLERİ

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## GİRİŞ

Nöroendokrin tümörler (NET), heterojen bir neoplazm türüdür. Bu tümörlerin nöroendokrin hücrelerden ve vücutta bulunan nöroendokrin hücre öncülerinden ortaya çıktığı düşünülmektedir. Bu tümör grubunun farklı biyolojik davranışları olabilmektedir. Peptid salınımı ile farklı hormonal sendromlara neden olabilme özelliklerine göre de ayırt edilebilirler. Histolojik özelliklerine göre sınıflandırılan bu tümörler vücut için farklı bölgelerde ortaya çıkabilir (Tablo 1). Sınıflandırmada tümörler temel olarak iki kategoriye ayrılabilir. Bu sınıflandırmaya göre NET'ler nispeten selim, iyi diferansiyeli, karsinoid tümör ve pankreatik nöroendokrin tümör gibi davranışan tümörler ile habis özellik gösteren az differansiyeli ve akciğerin küçük hücreli karsinomu gibi davranışan tümörler olarak iki ana kategoriye ayrılabilir (1-2).

Tablo 1. Başlıca NET özelliklerı

En sık NET yerleşimleri	Sık salgılanan hormonlar	Başlıca klinik belirtiler
Mide	Serotonin	İshal
İnce barsaklar	Histamin	Deride ve yüzde kızarma
Apendiks	Bradikinin	Mide ve karın ağrısı
Kolon ve rektum		Kalp sorunları (çarpıntı)
Pankreas		Hırıltı ve nefes darlığı

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