

TİROİD NODÜLÜ

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Vaka Sunumu

45 yaşında kadın hasta 1 ay önce öksürük şikayeti nedeniyle başvurduğu klinikte yapılan Toraks BT incelemesinde saptanan sol tiroid glandında yaklaşık 3 cm boyutundaki nodül nedeniyle tarafımıza başvurdu.

Özgeçmiş

- ▶ Bilinen ek hastalık yok.
- ▶ Geçirilmiş herhangi operasyon bir öyküsü yok.
- ▶ Herhangi bir medikal tedavi kullanmıyor.
- ▶ Aile öyküsünde özellik yok.
- ▶ Sigara kullanmıyor.
- ▶ Ev hanımı.

Anamnezde neler sorgulanmalıdır?

Tiroid nodüllerinin büyük bir kısmı asemptomatiktir ve genellikle başka nedenlerle yapılan görüntüleme çalışmaları sırasında insidental olarak saptanırlar. Tiroid nodülleri genellikle benign karakterde olmasına rağmen tiroid malignitesi açısından risk faktörlerinin belirlenmesi önem arz eder.

- ▶ Tiroid veya diğer maligniteler açısından aile hikayesi
- ▶ İyonize radyasyona maruziyet öyküsü

- ▶ Radyoterapi öyküsü
- ▶ Tiroidit hikayesi (Hashimoto tiroiditi vb.)
- ▶ Detaylı sendromik hastalık anamnezi (Cowden sendromu vb.)

Sorgulanması gereken diğer semptomlar nelerdir?

Yukarıda bahsedildiği üzere tiroid nodüllerinin büyük bir kısmı asemptomatiktir ancak özellikle hızlı büyüyen nodüllerde veya çok büyük tiroid glandında bazı semptomlar ortaya çıkabilmektedir. Bunlardan bazıları:

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