

MENİERE HASTALIĞI

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Vaka Sunumu

45 yaşında kadın hasta iki gün önce meydana gelen ve yaklaşık 6-8 saat süren baş dönmesi şikayeti ile kliniğe başvurdu. Hastanın anamnezinden benzer baş dönmesi şikayetinin daha önce üç kez meydana geldiği bu baş dönmelerinin kendiliğinden gerilediği öğrenildi.

Özgeçmiş

- Bilinen ek hastalık yok.
- Geçirilmiş herhangi operasyon bir öyküsü yok.
- Herhangi bir medikal tedavi kullanmıyor.
- Aile öyküsünde özellik yok.
- Sigara kullanmıyor.
- Ev hanımı.

Anamnezde neler sorgulanmalıdır?

Vertigo nedeniyle başvuran hastalarda, semptomlara yol açan nedenin belirlenmesi hemen her zaman detaylı bir şekilde sorgulanan hasta hikayesi ile mümkün olmaktadır.

- Vertigo atağının süresi (saniyeler, dakikalar, saatler, günler)
- Semptomların şiddeti
- Semptomları tetikleyen veya arttıran faktörler (baş pozisyonu, hareket, stres vb.)
- Yakın zamanda geçirilmiş hastalık öyküsü (özellikle viral üst solunum yolu enfeksiyonları)
- Yakın zamanda herhangi bir yaşam tarzı veya diyet değişikliği
- Nörolojik hastalık öyküsü (inme, kafa travması)
- Düşme öyküsü
- Uçuş ya da dalış öyküsü
- Otolojik hastalıklar açısından aile hikayesi
- Otolojik cerrahi ve travma öyküsü
- Yakın zamanda ilaç kullanımı veya kullanılan ilacın değişimi öyküsü

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