

EKSTERNAL OTİT

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Olgu Sunumu

53 yaşında erkek hasta sağ kulakta kulakta ağrı ve akıntı şikayetiyle kulak burun boğaz polikliniğine başvurdu. Hikayesinde 4 aydır kulağında akıntı olduğu ve bu süre içerisinde dış merkezde 4 defa muayene olduğu belirtti. Bu muayeneler sonucunda birçok kez ilaç tedavisi aldığını öğrenildi.

Özgeçmiş

1 yıl önce sağ kulak zarı perforasyonu nedeni ile opere olmuş

Bilinen ek hastalık yok

Aile öyküsünde özellik yok

Sigara kullanmıyor

Geçmiş 4 aylık süre içerisinde ciprofloksasin 500mg tablet, ciprofloksasin %0.3 kulak damlası, deksame-tazon %0.1 damla, siklopiroksolamin citrate 10mg/ml ve ofloksasin %0.3'lük damlayı belirli aralıklarla kullanıldığını öğrenildi.

Anamnezde neler sorgulanmalıdır?

- Kötü kokulu akıntı
- İşitme kaybı
- Çınlama
- Kulakta tıkanıklık
- Kulakta ağrı
- Kulakta dolgunluk hissi
- Kulak kaşıntısı
- Baş dönmesi
- Ateş

- Halsizlik
- Bulantı veya kusma

Sorgulanması gereken olası risk faktörleri nelerdir?

- Yüzme öyküsü
- Diabetes mellitus öyküsü
- Geçirilmiş kulak cerrahisi öyküsü
- Radyoterapi veya kemoterapi öyküsü
- İmmün sistem yetersizliği
- Geçirilmiş temporal travma öyküsü

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nadir patojenlerin de olabileceği unutulmamalıdır. Ayrıca tekrarlayan eksternal otit ile gelen hastalarda mutlaka kültür alınmalıdır ve üreme durumunda antibiyogram yapılmalıdır.

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