

## BÖLÜM 6



### Toraks Nükleer Tıp Değerlendirmesi

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#### Giriş

Pozitron emisyon tomografisi (PET), pozitron ( $\beta^+$ ) yayıcı radyoaktif maddeler tarafından oluşturulan anihilasyon (yok olma) fotonlarına dayalı, radyoaktivitenin üç boyutlu dağılımının hesaplandığı bir tomografi tekniğidir. Dokuların fonksiyonel ve metabolik aktivitesinin görüntü ve kantitatif parametreler kullanarak değerlendirilmesini sağlar. PET görüntülemesinde şu anda en çok kullanılan radyofarmasötik glikoz analogu olan FDG (Florodeoksiglikoz)'dir (1).

Onkolojide F-18 FDG PET/BT kullanımının temelini ise malign hücrelerin normal hücrelerden farklılaşmasıyla metabolizmalarındaki meydana gelen değişim oluşturur. Malign hücrelerin biyokimyasal karakteristik özellikleri hücre yüzeylerindeki glukoz taşıyıcı

cı proteinlerin (GLUT1, GLUT3 gibi) ve glikolizi yapan hücre için enzimlerin (fosfofruktokinaz ve heksokinaz) artması; buna karşılık glukoz-6-fosfataz aktivitesindeki azalmasına bağlı düşen defosforilasyon hızıdır (2-4). Malign hücrelerin yapısında meydana gelen bu değişiklikler, malign hücrelerde yüksek metabolik aktivite ve tümör dokusundaki yüksek vaskülarite nedeniyle FDG tutulumu çoğu malign hücrede yüksek olmaktadır (5).

SUV (Standart uptake değeri) bir lezyonun artmış FDG aktivitesine sahip olup olmadığını gösteren benign-malign dokuların ayrımını değerlendirmekte kullanılan kantitatif bir parametredir. SUV değerinin belirlenmesinde ilgi alanı (ROI) içindeki FDG birikimi, hastanın ağırlığı ve hastaya verilen doz ile normalize edilir (6,7) ( $SUV = ROI$ 'deki ortalama aktivite/enjekte edilen doz/vücut ağırlığı).

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## Malign Kardiyak Lezyonlar

Primer tümörlere göre daha yüksek prevalansları nedeniyle ilk önce metastatik hastalıklar ekarte edilmelidir. Hematojen ve lenfogen yolla en sık kardiyak metastaz yapan iki tümör melanom ve lenfomadır. Bu tümörlerin ardından lokorejyonel toraks maligniteleri (meme, akciğer, yemek borusu), renal hücreli kanserler ve hepatosellüler karsinomlar (vena kava yoluyla) metastaz yaparlar(134). Ekstra-kardiyak 2.primer kanser ekarte edildiğinde primer kardiyak neoplazm düşünülmelidir. En sık görülen primer malign kardiyak tümörler başta anjiyosarkomlar ve rabdomyosarkomlar olmak üzere sarkomlardır. Her ikisi de yoğun artmış FDG tutulumu gösteren invaziv kitleler olarak görülür. Genellikle perikardiyal effüzyon ile birliktedirler.

## Posterior Mediasten (Paravertebral Alan)

### Periferik Sinir Kılıfı Tümörleri

Nörojenik tümörler paravertebral tümörlerin çoğunluğunu oluşturur. Çoğunlukla maligniteye dönüşme ihtimali olan iyi huylu lezyonlardan (nörorofibromlar, periferik sinir kılıfı tümörleri) oluşurlar. Malign periferik sinir kılıfı tümörleri genellikle hastaları 2. veya 3. dekatta etkiler (138). Sporadik olarak ortaya çıkabilir veya tip 1 nörofibromatozis ile ilişkili olabilirler. Birkaç çalışma, malign periferik sinir kılıfı tümörlerinde 18F-FDG alımının genellikle yüksek olduğunu ve bu durumun iyi huylu ve kötü huylu lezyonları mükemmel bir duyarlılıkla ayırt etmeye izin verdiğini göstermiştir (ortalama SUVmax, malignde 4.1-12.8, malign olmayanlarda 1.0-2.6 arasında değişmektedir) (139). Literatürde çeşitli SUV eşikleri tanımlanmıştır; genel olarak >2.4-6.1 arasında değişen SUVmax eşikleri için duyarlılık %89-100 ve özgüllük %60-%95'tir. (140).

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