

GASTROİNTESTİNAL KOMPLİKASYONLAR VE YÖNETİMİ

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ÖĞRENİM HEDEFLERİ

- ▶ Hemodiyaliz tedavisi uygulanan hastalarda sık görülen gastrointestinal sistem komplikasyonlarını bilme
- ▶ Gastrointestinal sistem komplikasyonlarının patofizyolojisini, tanı yöntemlerini, belirtilerini ve tedavi yöntemlerini bilme
- ▶ Gastrointestinal sistem komplikasyonlarının yönetimini kavrama

GİRİŞ

Hemodiyaliz tedavisi uygulanan hastalarda gastrointestinal (GI) sistemde histopatolojik değişiklikler meydana gelmekte ve bu değişikliği bağlı GI komplikasyonlar sık görülmektedir (1). Literatürde hemodiyaliz tedavisi uygulanan hastaların %50-%70'inde GI komplikasyonların görüldüğü bildirilmektedir (2, 3). Bu komplikasyonlar artan serum üre düzeyi, hemodiyalizin etkisi, yaşam tarzı değişiklikleri ve çoklu ilaç kullanımına bağlı olarak gelişmektedir (4). Hemodiyaliz tedavisi uygulanan hastalarda sık görülen GI komplikasyonlar Tablo 1'de yer almaktadır.

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SONUÇ

Gastrointestinal sistem komplikasyonları hemodiyaliz tedavisi uygulanan hastalarda sık görülmekte ve hastalarda mortalite ve morbidite oranlarının artmasına neden olmaktadır (1). Bu nedenle hemodiyaliz tedavisi uygulanan hastalarda özellikle kronik hemodiyaliz tedavisi uygulanan hastalarda Gİ komplikasyonların belirti ve bulguları dikkatli değerlendirilmeli ve erken dönemde tanılanmalı ve tedavi edilmelidir (10). Hepatit B ve C enfeksiyonları hemodiyaliz ile ilişkili hepatobilyer hastalıkların en önemli nedenleri olduğu için hemodiyaliz tedavisine ilk başlanıldığında serolojik testler yapılmalı ve bu enfeksiyonlara sahip hastaların hemodiyaliz makinaları ayrılmalı ve hepatit B'den korunmak için hastalar aşılanmalıdır (65).

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