

BÖLÜM 87

MEGALOENSEFALİ İLE GİDEN METABOLİK HASTALIKLAR

Meltem UZUN¹

GİRİŞ

Pediyatrik nörodejeneratif ve nörometabolik hastalıklarda klinik ve genetik olarak heterojen çok geniş bir grup hastalıktır. Ayrıntılı olarak hastanın şikayetleri, prenatal, natal postnatal, ve aile öyküsü, gelişim basamakları, muayene bulguları, labaratuvar, görüntüleme, metabolik ve genetik testler ve klinik bulguları değerlendirilerek tanı, tedavi ve izlem planlanmaktadır.

Bazı nörodejeneratif ve nörometabolik hastalıklarda klinik olarak anahtar bulgulardan birisi fizik muayenede makrosefali ve/veya megalensefalinin varlığıdır.

Bu bölümde megalensefalinin eşlik ettiği nörometabolik hastalıklarda klinik bulgular ve tanısal yaklaşımlar özetlenecektir. Bu nedenle bazı tanımları yapmak faydalı olacaktır.

Makrosefali, baş çevresi ölçümünün yaşa göre iki standart sapmadan (>98 persentil) daha büyük olmasıdır¹. Her 50 çocuktan biri bu tanımlamaya uyduğu için, makrosefali yaygın bir durum olarak kabul edilir². Rölatif makrosefali ise baş çevresi büyüklüğü iki standart sapmadan daha az olup, boy kiloya göre orantısızlığı mevcuttur. Baş çevresi ölçümünün ortasından oksiputa kadar olan daire sek-

linde ölçülüp yaş cinsiyet boya göre baş çevresi büyüme kartlarından kontrol edilip belirtilmemiştir³.

Hidrocefalide de artmış beyin omurilik sıvısı ventrikülleri genişleterek makrosefaliye yol açar⁴. Ventriküllerde bu genişleme ve bazen kominike ya da nonkominike olmasına göre değişik klinik gösterebilmektedir. Kominike hidrocefali, genellikle yapısal bir anormallik nedeniyle ventriküler sistemde tıkanma sonucu gelişirken nonkominike hidrocefali ise beyin omurilik sıvısı (BOS) nın araknoid villuslardan anormal emilimi neticesinde gelişir.

Yine bir diğer makrosefali nedeni subdural hematomlardır. Kronik subdural hematomlar en sık kazara olmayan travmanın sonucudur. Frontal ve parietal daha belirgin olarak saptanmaktadır⁵.

Makrosefali, ayrıca çok sayıda genetik sendromlarla birlikte de bulunabilir. Bunlar; Akondroplazi ve diğer iskelet displazileri (orantısız olması nedeniyle göreceli makrosefali ile ortaya çıkabilir), neurofibromatosis type I, Sotos sendromu, Fragile X ve birçok kromozomal anormalliklerdir.^{6,7}

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