

BÖLÜM 60

NÖROKÜTANÖZ HASTALIKLARIN DERMATOLOJİK BULGULARI VE YÖNETİMİ

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Nörokütanöz hastalıklar fakomatosis veya genodermatozlar olarak ta bilinen kutanea, nörolojik ve onkolojik bulgularla karakterize konjenital heterojen bir hastalık grubudur. Nörokütanöz hastalıkların prevalansı 1/700–1/1250 olarak tahmin edilir. Fakomatozlarda, “phakos” doğum işareti veya lekesi anlamındadır. 1920 yılında Alman göz doktoru van der Hoeve, “phakoma” kelimesini iki farklı benign göz lezyonu için kullanmıştır. Santral sinir sistemi (SSS) ve periferik sinirler sık tutulan yerlerdir. Göz, deri ve bağ dokuları tutulumu da olmaktadır. Fakomatozların klinikleri değişkenlik göstermekte olup en sık beyin ve cilt tutulumları görülmektedir. Epileptik nöbetler bazı nörokütanöz hastalıklarda klinik tablonun temel bulgusu olabilir. Tüm bu patolojiler çoğunlukla proto-onkogenler ve tümör süpresör genlerdeki defektler sonucunda oluşur.

NÖROFİBROMATOZİS (NF)

Nörofibromatozis Tip 1 (NF 1) (Von Recklinghausen Hastalığı):

Nörofibromatozis (NF) çok sayıda konjenital anomali, tümör ve hamartomun bir arada ol-

duğu, çoğunlukla otozomal dominant olarak geçiş gösteren hastalıktır. Vakaların %50’de aile öyküsü yoktur ve bunların somatik mutasyonlar sonucu oluştuğu düşünülmektedir.

Tablo 1 ‘de Riccardi¹ NF için klinik deri bulgularına göre bir sınıflandırma önermiştir.

Tablo 1: Nörofibromatozis alt grupları¹

NÖROFİBROMATOZİS ALT TİPLERİ	
Kategori	Tanımlama
NF1	Von Recklinghausen
NF2	Akustik Schwannom
NF3	Mikst
NF4	Değişken
NF5	Segmental kahve lekeleri veya nörofibromlar veya her ikisi; bir veya birden çok dermatomda
NF6	Sadece kahve lekeleri
NF7	Geç başlangıç
NF-NOS	Diğer tiplere uymayan tanımlanamamış

Hastalığın prevalansı 1/3000 olgu olarak bildirilmiştir. NF-1’e, 17. Kromozomdaki (17q11.2 NF1 geni) mutasyon sonucunda oluşan defektif nörofibromin proteini neden olur.

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de ortaya çıkarlar fakat tanınal değeri oldukça yüksektir. Saçlı deriye yerleşen lezyonlar skatrisyel alopesiye yol açabilir. Ses boğukluğu, göz kapağı papülleri, yaygın skatrisler ve intrakranial kalsifikasyonlar tanıya gitme açısından oldukça önemlidir. Lezyonların etkin bir tedavisi bulunmamaktadır. Atrofik skatrisler için dermabrazyon, kimyasal peeling ve CO2lazer tedavileri uygulanabilir. Hastalık yaşam süresini genellikle etkilemez, fakat infantil dönemde solunum yetmezliği, erişkin dönemde larinks obstrüksiyonu ve nörolojik komplikasyonlar yaşamsal risk oluşturabilir.

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