

# Kadın Sağlığı ve Doğumda Tamamlayıcı Tıp ve Destekleyici Bakım Uygulamalarının Kullanımı

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## HEDEFLER

*Bu bölümün çalışmasıyla aşağıdaki bilgi, beceri ve tutumlar kazanılır*

Tamamlayıcı tıp ve destekleyici bakım uygulamalarının farkına varabilme

Kadın sağlığı ve doğumda kullanılan tamamlayıcı tıp ve destekleyici bakım uygulamalarını kavrayabilme

Tamamlayıcı tıp ve destekleyici bakım uygulamalarını tanımlayabilme

Tamamlayıcı tıp ve destekleyici bakım uygulamalarını bakımla ilişkilendirme

## BAŞLIKLAR

Homeopati

Hipnoz

Müzikle Tedavi

Masaj Teknikleri

Akupunktur ve Akupresür

Refleksoloji

Aromaterapi

Fitoterapi

Yoga

## ANAHTAR KELİMELER

Tamamlayıcı tıp ve destekleyici bakım uygulamaları, kadın sağlığı ve doğum, homeopati, hipnoz, müzik ve etkileri, masaj teknikleri, akupunktur, akupresür, refleksoloji, fitoterapi, aromaterapi, yoga ve meditasyon.

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