

ÇAĞIMIZIN WEBASI

HPV

Prof. Dr. Ümit Türsen



AKADEMİSYEN
KİTABEVİ

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UYARI

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Önsöz

Çağımızda cinsel ilişkiye başlama yaşıları, Türkiye dahil birçok ülkede düşmeye başlamış ve bunla birlikte cinsel yolla geçen hastalıklar artmıştır. Bu yolla geçen hastalıklardan en sık gözlenenlerin başında gelen HPV infeksiyonları özellikle bazı kişilerde kronikleşmekte, kanser ve duygusal sorunlar dahil birçok problemlere neden olabilmektedir. Aşılama başta olmak üzere değişik yöntemlerle önüne geçilmeye çalışılan bu hastalık uzun takip süresi gerekmektede, hem hekime hem de hastaya maddi ve manevi yorucu tablolara neden olabilmektedir. Bu konuda hekimin empati yapması, hastayı rahatlatması çok önemli olup, uzun soluklu takiplerde mutlaka hastayla birlikte karar vererek tedavi seçimi yapmaları şarttır. Genellikle ofis ortamı gibi rahat, fazla kalabalık olmayan ortamlarda takipleri hastaları daha mutlu eden bir yöntemdir. Takip sıklığı az olan hastalarda ev tedavileri, takibe sık gelebilecek hastalarda ise hekimin uyguladığı tedaviler yapılp, eğer 2 ay içinde hiçbir gerileme olmazsa tedavi seçeneğini değiştirmek veya kombine tedavi uygulamak gerekebilir. Ayrıca eşlerin birbirini suçlamasının önüne geçmek bu gibi hastalıklarda sağlıklı ilişki yürütmemek için çok önemlidir.

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dası olabileceği saptanmıştır. Immunsuprese hastaların aşılandıktan sonra siğillerinin kaybolduğu gözlenmiştir. HPV hiperkeratotik benign papillom, skuamöz hücreli kanser ve dermatitli hastalarda deride izole edilebilmektedir. Splenektomi ve HIV pozitif hastalarda da HPV izolasyonu siktir. Immun yetmezlikli bireylerde temizlenmesi zordur. Aşılamanın rutin yapılması HPV eradikasyonuna yardımcı olabileceği ileri sürülmektedir. Çünkü aşiların hem tip-spesifik humoral hem de hücresel immun yanımı artırtabileceği saptanmıştır.

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