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GİRİŞ

BDSM, esaret (bondage), disiplin/hakimiyet (discipline/domination), sadizm (sadism) ve mazoşizm (masocsizm) kelimelerinin ilk harflerinden oluşan kısaltmadır ve birbiriyle örtüşen üç grubu temsil eder: Esaret ve disiplin (BD), tahakküm ve boyun eğme (DS), sadomazoşizm (SM) (1). Her ne kadar tarihsel bağlamda ilk ifade ediliş şekli sadomazoşizm olsa ve halen bu terim de kullanılsa da, BDSM'nin kapsamı sadomazoşizmden daha geniştir. BDSM etkinliklerinde baskın (kontrolü elinde tutan kişi, dominatrix, dominant, dom), itaatkar (dom'un kontrolündeki kişi, submissive, köle, alt/sub) ve anahtarlar (switches/esnek olma durumu, farklı sahnelerde veya farklı partnerlerle dom veya sub olarak oynama) gibi özel roller söz konusudur (1,2,3).

Sadomazoşizm uygulamalarının edebi tasviri hem Doğu hem de Batı medeniyetlerinden örneklerle uzun ve zengin bir tarihe sahiptir. Sadizm ve mazoşizm terimleri ilk olarak Richard vonKrafft-Ebing (1840-1902) tarafından 1886'da yayınlanan *Psychopathia Sexuillis*'te kullanılmıştır. 19. Yüzyıl seksolojisinin bir referans çalışması olan bu çalışmada Krafft-Ebing sadizm ve mazoşizmi patolojiler olarak sınıflandırmıştır (4). Sigmund Freud (1856-1939) ise iki kavramı bir araya getirerek sadomazoşizm kavramını kullanmıştır. Bir kişinin hem acı çektirmekten hem de acı çekmekten zevk alabileceğini fark

eden Freud, sadizm ve mazoşizmi aynı madalyonun iki yüzü olarak tarif etmiştir (5). Kavrımsallaştırma antropolog Paul Gebhard (1969) tarafından geliştirilmiş; düzenlenmiş bir durum olmadığı şartlarda acıyı tek başına çekmenin ya da acı çektirmenin çekici olmadığını vurgulamıştır. Bununla birlikte, 1970'lerden itibaren BDSM, daha doğrusu o zamanki kullanımıyla SM kolektif, rıza gösteren ve sosyal bir davranış olarak sosyolojik araştırmaların konusu olmaya başlamıştır (6). Özellikle Freud'un cinsellik teorilerinin 1970'ler ve 1980'lerdeki çalışmalarda BDSM'nin patolojik olarak algılanmasında, adli perspektiften (rıza dışı) cinsel sadizme ve SM ile ilgili tesadüfi ölümlere vurgu yapan bilimsel yayınları etkilediği vurgulanmaktadır. Hatta bu yaklaşımın çağdaş psikiyatrik sınıflandırma sistemleri üzerinde etkisi olduğu iddia edilmektedir (4). BDSM terimi ise ilk kez 1990 yılında Maryland Üniversitesi'nden Richard Chandler tarafından bir Usenet gönderisinde B/D/S/M şeklinde kullanılmış, 1993 sonrası ise BDSM olarak kullanımı yaygınlaşmıştır (7).

BDSM, ağrı oyunu (örneğin; şaplak atmak, dayak atmak, mandal kullanımı), aşağılama (örneğin; sözlü aşağılama, öğürme), fiziksel kısıtlama (örneğin; esaret, kelepçe veya zincir kullanımı) ve hipermaskülenlik (örneğin; anilingus, yapay penis kullanımı) şeklinde dört ana kümeden oluşan çok çeşitli erotik davranışları kapsar. Her et-

farklı karakteristikleri ve kuralları olan deneyimleri yaşamaya çalışmak farklı sorunların ortaya çıkmasına zemin oluşturabilir. Bu çalışmada da örneklenmeye çalışılan olgu, bu gibi durumlarda hukuki, tıbbi, psikolojik ve sosyolojik sorunlarla daha fazla karşılaşılabilceğinin bir göstergesi olabilir. Bu yüzden özellikle ülkemiz için oldukça yeni bir kavram olan BDSM hakkında araştırmalar yapılması, bilimsel ortamlarda tartışılması gerektiği düşünülmektedir.

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