

Bölüm
16

POSTOPERATİF ÜRİNER RETANSİYON

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İdrar retansiyonu, postoperatif dönemin öngörülen komplikasyonlarından biridir. “Mesane dolu olduğu halde idrar yapamama” olarak tanımlanan bu durumun görülme sıklığı, ameliyatın çeşidine, yerine, seçilen anestezi şekline, verilen ilaçlara, hastanın fizyolojisi ve mevcut sağlık durumuna bağlı olarak değişkenlik gösterir (Baldini, 2009).

Ultrasonografinin idrar kesesi hacmini doğru bir şekilde değerlendirdiği ve postoperatif üriner retansiyon (POUR) yönetiminde bir rehber olduğu gösterilmiştir(Baldini, 2009). POUR ağrılı ve ağrısız şekilde görülebildiğinden ultrasonografinin kullanılması akıllıca olacaktır. Rejyonel anestezinin sebep olduğu blokaj opioidlerin etkisi veya sedasyonun maskeleyesi nedeniyle mesanenin gerginliği geç hissedilmektedir. Bu da tanıda gecikmeye neden olabilir.

► **KAYNAKÇA**

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