

# BÖLÜM 7

## Motivasyonel Görüşme ve Hemşirelik

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### Öğrenme Hedefleri

- Bu bölümü okuyan birey,
- Motivasyonel görüşmeyi tanımlar
- Motivasyonel görüşmenin özelliklerini açıklar
- Motivasyonel görüşmenin temel ilkelerini sıralar
- Motivasyonel görüşme sürecini açıklar
- Motivasyonel görüşmenin kullanıldığı alanları sıralar
- Motivasyonel görüşmenin hemşirelik uygulamalarındaki kullanımını açıklar.

### İÇERİK

- > Giriş
- > Motivasyonel Görüşmenin Özellikleri
- > Motivasyonel Görüşmenin Temel İlkeleri
- > Motivasyonel Görüşme Süreci
- > Motivasyonel Görüşmenin Kullanıldığı Alanlar ve Hemşirelik
- > Motivasyonel Görüşme ve Hemşirelik Süreci

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### Konuyla İlgili Film Önerileri

Its Not About The Nail, Eğitim Videosu, 2013

Kinsey, İnsan Davranışının Gizemine Bir Yolculuk, 2004

### Konuyla İlgili Kitap Önerileri

Ögel K, Şimşek M. *Motivasyonel görüşme tekniği*. İstanbul:Türkiye İş Bankası Kültür Yayınları; 2021

Miller W.R., Rollnick S: *Motivasyonel görüşme insanları değişime hazırlama*. (Figen Karadağ, Kültegin Ögel, Ertan Tezcan Çev. Ed.). İstanbul:Hekimler Yayın Birliği; 2010

Arkowitz H., Miller W.R., Rollnick S. *Psikolojik problemlerin tedavisinde motivasyonel görüşme*. (Muzaffer Şahin Çev. Ed.). İstanbul: Nobel akademik Yayıncılık; 2019

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