

BÖLÜM 22

DIŞ KULAK TÜMÖRLERİ



Meltem TULĞAR¹

DIŞ KULAĞIN BENİGN LEZYONLARI

Kondrodermatitis Nodularis Kronika Helicis (CNCH; Winkler nodülü)

Nadirdir ve erkeklerde daha fazla görülür. Lezyonlar tipik olarak merkezi kabuklanma veya ülserasyon ile birlikte soliter hassas eritematöz nodül olarak ortaya çıkar. Erkeklerde en sık helix kenarında, kadınlarda ise antiheliks ve antitragusta bulunurlar. Nodüller kubbe şeklinde, sert, kırmızımsı gri renkte ve 3-18 mm ölçülerindedir. Kendiliğinden ortaya çıkarlar ve kısa sürede büyük boyuta ulaşırlar. Lezyonlar nadiren kendiliğinden geriler (1, 2, 3). CNCH'nin etiolojisi bilinmemektedir. Bazı yazarlar, kulakta küçük bir travma ile başladığını ve daha sonra perikondriyumun kronik iltihaplanmasını tetiklediğini ve bunun da lokal vasküler uzlaşma ile sonuçlandığını düşünüyor. Bu vasküler bozulma daha sonra ağırlı nodüllerin gözlenen klinik sekellerini yaratır. CNCH'nin patofizyolojisinin kulağın anatomisi ile ilgili olduğu düşünülmektedir. Kulak kepçesinin lateral ve ön yüzündeki deri incedir ve alttaki kıkırdak üzerinde gergindir. Bu bölgede deri altı dokusu azdır ve bu da sınırlı bir damarlanma alanı oluşturur. Travma, donma ve baskı gibi çeşitli durumlar iskemiye neden olabilir. Bu iske-

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