

# BÖLÜM 19

## BENİGN TÜKÜRÜK BEZİ TÜMÖRLERİNE YAKLAŞIM



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### GİRİŞ

Tükürük bezi tümörleri parotis, submandibuler bez, sublingual bez ve minör tükürük bezleri de dahil olmak üzere çeşitli lokalizasyon ve histolojiye sahiptir. Çeşitliliklerine rağmen, tükürük bezi tümörleri nadir görülür ve yılda 15/100.000 'ten az vaka vardır (1). Bu tümörlerin büyük çoğunluğu (%80) benign karakterdedir ancak tekrarlama ve malign lezyonlara dönüşebilme potansiyeli taşırlar (2,3). Bu nedenle tanısının konularak uygun tedavi planlamasının yapılması önem taşımaktadır.

En sık görülen benign epitelyal tümörler pleomorfik adenom (PA) ve Warthin tümörü (WT)dür. Bunların dışında miyoepitelyom, lenfadenom, sebace adenom, onkositom, kistadenom, sialoadenom papilliferum, duktal papillom (intraduktal ve inverted tip), kanaliküler adenom ve bazal hücreli adenom daha nadir görülen benign epitelyal tümörlerdir. Ayrıca hemanjiom, lenfanjiom, lipom gibi epitelyal olmayan benign tümörler de çok nadiren görülebilir (3,4).

### ETİYOLOJİ

Benign tükürük bezi tümörlerinin etiyolojisi net olarak bilinmemekle birlikte bazı tümörler ile radyasyon, sigara, travma, virüsler ve genetik arasında bağlantı

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