

## Bölüm 5

# CERRAHIYE GİRİŞ VE LAZER DİSİ TEDAVİLERİ

YAZAR: Ferhat ORTOĞLU

1. Giriş
2. Cerrahi Tedavi Endikasyonları
3. Monopolar TUR Prostatektomi
4. Bipolar TUR Prostatektomi
5. TUİP
6. Açık Prostatektomi
7. Bipolar Plazma enükleasyon Prostat ve Bipolar Plazma Vaporizasyon Prostat
8. EAU Klavuz önerileri
9. Kaynaklar

## Anahtar Noktalar

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- ▶ Cerrahi tedavi genelde medikal tedaviye yetersiz yanıt ya da başarısız cevap vermiş olan orta-şiddetli derecede işeme semptomları olan hastalar için uygundur.
- ▶ Uzamış operasyon süresi ve hipotonik sıvıların sistemik dolaşma katılıması TUR sendromu oluşumunda önemlidir.
- ▶ TUR sendromu görülmeye oranı günümüzde düşük oranlardadır.
- ▶ Qmax, Qol skoru ve perioperatif bulgular monopolar ve bipolar TURP gruplarında benzer düzeydedir.
- ▶ Küçük prostatı(<30 cc) olan, genç, sexüel aktif ve median lobu olmayan hastalarda TUİP cerrahi seçenektr.
- ▶ Açık prostatektomi etkili bir cerrahi yöntem olmasına rağmen son dönemde gelişen endoürolojik enükleasyon metodlarının perioperatif güvenlik profilleri sayesinde daha az ilgi görmeye başlamıştır.

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