

## 2.2.b. Alt Ekstremitelerde Arter Hastalıkları

### 2.2.b.2. İnfrapopliteal Arter Oklüziv Hastalığı Cerrahi Tedavi Yöntemleri

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#### Giriş

Alt ekstremitelerin infrapopliteal arter oklüzif hastalığı; akut veya kronik obstrüksiyona bağlı olarak şiddeti değişen iskemi ve potansiyel olarak doku kaybına neden olan bir klinik tablodur. (1) Okluzif arter hastalığı yaşam kalitesini olumsuz etkiler ve mortalitesi yüksektir.

#### Etiyoloji ve Sınıflandırmalar

En sık neden ateroskleroz olmakla beraber; emboli, vaskülit (tromboanjiit obliterans), fibromüsküler displazi, tromboz, popliteal tuzak sendromu nadiren popliteal arter anevrizması etyolojiden sorumludur.

Genetik kalıtım, sigara, tip 2 diabetes mellitus, hipercolesterolemİ, hipertransiyon majör risk faktörleridir. Homositsteinemi, C-reaktif protein (CRP), kronik böbrek hastalığı, insülin direnci/metabolik sendrem, beslenme alışkanlığı minör faktörlerdir. Diyabetik hastalarda infrapopliteal arterleri etkileyen diffüz distal arter stenozları daha sık görülür. (2) Diyabetik hastaların yarısından fazlası periferik nöropati nedeniyle asemptomatiktir veya semptomlarını fark edemez. Bu nedenle diyabetik hastalar daha çok ülser-kangren ile başlıyorlar.

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## Kaynaklar

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