

## Bölüm 7

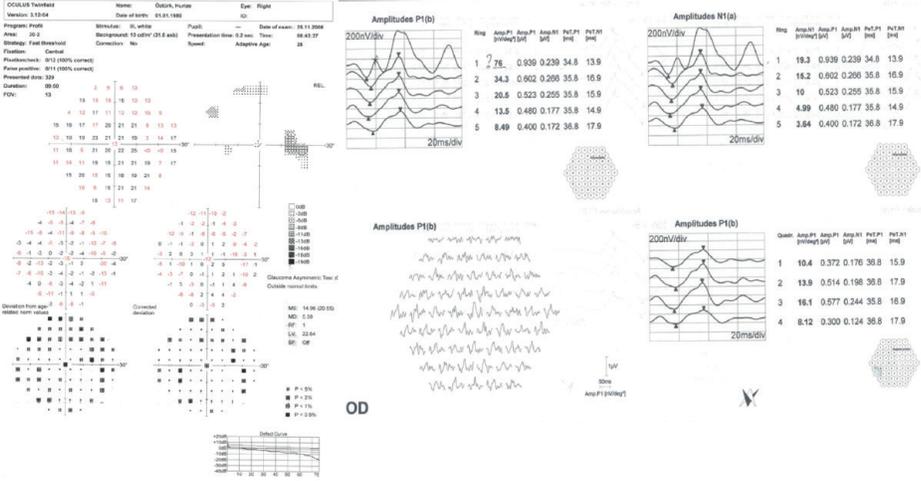
# BEYAZ NOKTA SENDROMLARI

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Beyaz nokta sendromları bulanık görme, skotom, fotopsi, fotofobi, diskromatopsi ve nikkaltopi gibi semptomlar ile başlayan, fundus muayenesinde farklı lokalizasyon ve şekillerde beyaz sarı lezyonlar görülmesiyle karakterize, retina pigment epiteli, dış retina katmanları, koroid ve koryoretinal ara yüzün bir veya birkaçının birlikte etkilendiği, genellikle viral bir prodromun eşlik ettiği birtakım nonenfeksiyöz enflamatuvar hastalıkların ortak adıdır. Bu grupta kendi kendini sınırlayan hastalıklar olduğu gibi, ciddi görme kaybı tehlikesi olduğu için agresif immunosupresif tedavi gerektiren hastalıklar da mevcuttur. Aynı anda veya farklı zamanda her iki gözü birden tutmaya meyillidirler, ancak tek göz tutulumu belirgin olan hastalıklar da mevcuttur. Genellikle genç ve orta yaşlı hastalarda görülürler ve kadın cinsiyeti daha sık etkilerler, görme keskinliği azalması ve görme alanı kaybı, gibi ciddi semptomlar hastalığın türüne göre akut, hafif veya ciddi başlangıçlı, spontan iyileşme gösteren, nükslerle birlikte derinleşen ve kronikleşen gibi değişik kliniklerle karşımıza çıkabilir. Retina ve koroidi farklı katmanlarda etkileyebilir, farklı karakterde fundus tutulumu yapabilirler. Bu grup hastalıkların tedaviye yanıtları da farklılık göstermektedir. Etiyolojileri tam olarak aydınlatılmamış kendine özgü tipik özellikleri olan bu hastalıklar fundus muayeneleri, FFA özellikleri ve hastalıkların klinik seyrine göre sınıflandırılmışlardır. Konunun takibini kolaylaştırmak ve konuyu özetlemek amacı ile hastalıkların belirgin özellikleri bir tablo ile paylaşılmıştır. (Tablo 1)

### **Beyaz Nokta Sendromları**

- Akut Posterior Multifokal Plakoid Pigment Epitelyopati (APMPPE)
- Birdshot Koryoretinopati
- Serpiginöz Koroidopati
- Punktat İç Koroidopati (PIC)
- Multifokal Koroidit ve Panüveit (MCP)
- Multiple Geçici Beyaz Nokta Sendromu (MEWDS)



Resim 9: Görme alanında kör nokta genişlemesi gösteren ve Multifokal ERG de depresyon gösteren AZOOR lu olgunun sırası ile görme alanı ve ERG tetkikleri

Kaynak:Ulucanlar Göz Eğitim ve Araştırma Hastanesi Retina Arşivi, Yasemin Özdamar EROL

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