

BÖLÜM 26

AKSELERE PARSİYEL MEME RADYOTERAPİSİ AKSELERE PARSİYEL MEME RADYOTERAPİSİ

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GİRİŞ

İnvaziv meme kanserinin standart tedavisi, meme koruyucu cerrahi sonrası tüm meme radyoterapisidir(WBRT)(1). Çok sayıda randomize çalışma ve meta analizde, radyoterapinin lokal kontrolü artırdığı ve meme kanserine bağlı mortaliteyi azalttığı gösterilmekle birlikte, 6 hafta süren standart radyoterapi uygulaması bazı hastalar için zaman, ulaşılabilirlik ve maliyet açısından uygun olmamaktadır. Bu amaçla, efektif ve yan etki açısından güvenli ,akselere tedavi formları geliştirilmiştir.

Rezidüel tümör hücrelerinin çoğunluğu eksizyon kavitesinin milimetrik olarak çok yakınında yer almaktadır(2). Lokal rekürrenslerin üçte ikisinden daha fazlası primer tümör lokalizasyonunun çok yakınında meydana gelmektedir(3). Bu bilgiden hareketle,uygun hasta seçimi ile, tümör çevresindeki sınırlı volümün akselere parsiyel meme radyoterapisi (APBI) ile tedavisi, WBRT kadar efektif, yan etki profili daha düşük ve daha kısa sürede tamamlanan bir tedavi yaklaşımıdır(4).

APBI uygulamasında kullanılan başlıca teknikler; düşük (LDR) veya yüksek hızlı (HDR) interstisyel multikateter implantasyon(5), tek balon kateterle uygulanan HDR brakiterapi (Mammosite)(6,7), kalıcı interstisyel implantasyon(8), 50 kilovolt fotonlar ,yüksek enerjili elektronlar, veya brakiterapi tekniği ile tek fraksiyonda intraoperatif irradyasyon (9,10,11) veya foton, foton-elektron veya protonlar kullanılarak uygulanan 3 boyutlu konformal eksternal irradyasyon (EBRT)

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SONUÇ

Son yıllarda gelişen teknoloji, uygulanan sağlık politikaları ve hasta farkındalığının artması ile meme kanseri erken evrede tanısı konulabilen bir hastalık haline gelmiştir. Erken evre meme kanserinin standart tedavisi meme koruyucu cerrahi sonrası, gereklilik halinde kemoterapi ve konvansiyonel fraksiyonasyon ile uygulanan radyoterapidir. Ancak tedavi süresinin uzun ve bazı durumlarda ulaşılabilirliğinin zor olması, uzmanları alternatif çözüm arayışına yönlendirmiştir. Bu doğrultuda yapılan çalışmalar ve oluşturulan tedavi kılavuzları ile APBI, uygun hasta ve tedavi tekniği seçimi yapılmak şartı ile, meme kanseri için etkin ve standart radyoterapiye eşdeğer bir tedavi alternatifi olma yolunda ilerlemektedir.

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