

BÖLÜM 9

MEME CERRAHİSİ SONRASI KOMPLİKASYON YÖNETİMİ

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GİRİŞ

Meme kanseri, dünya çapında kadınlar arasında en sık görülen malignitedir ve kadınlarda kansere bağlı ölümlerin yaklaşık %15'inden sorumludur (1). Meme kanserinde erken tanı ve etkin tedavi yöntemleri ile sağkalım süreleri artmaktadır. Bu durum meme kanseri cerrahilerine bağlı komplikasyonların azaltılması ve yaşam kalitesinin artırılmasını gündeme getirmiştir (2).

Meme kanserinin erken tanı ve tedavisi, genetik alt yapısı, tedavi sonrası komplikasyonları, bu komplikasyonları azaltmaya ve tedavi etmeye yönelik çok sayıda araştırma yapılmaktadır. Bu bölümde, meme kanserine yönelik uygulanan cerrahi prosedürlere ait postoperatif süreçte yaşanabilecek komplikasyonlar ve bu komplikasyonların yönetimine ait güncel yaklaşımlar ele alınmaktadır.

Meme Biyopsilerine Ait Komplikasyonlar

Memede ultrasonografi eşliğinde tru-cut biyopsi yaygın kullanılan hızlı ve konforlu bir yöntemdir. Meme biyopsilerinde 14–18 gauge iğneler kullanılmakla birlikte özellikle 14-gauge iğneler tercih edilmektedir. Önerilen örnekleme sayısı ortalama beştir (3). Tru-cut biyopside karşılaşılan komplikasyonlar arasında; lokal anestezi komplikasyonları, alerjik reaksiyonlar (Toksosite, lokal alerjik reaksiyonlar, anafilaktik şok), enfeksiyon, abse, hematoma, anevrizma ve anksiyete gibi sos-

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Mondor Hastalığı

Mondor hastalığı (MH), cilt altında palpe edilebilen subkutan kordon benzeri endurasyonlarla oluşur. Genellikle MH, dört ile sekiz hafta içinde kendiliğinden düzelen, iyi huylu, kendi kendini sınırlayan bir hastalıktır (80). Meme kliniği raporlarında göğüs duvarındaki Mondor hastalığı tanısı için %0.07-0.96'lık bir insidans oranı gösterildi (81).

SONUÇ

Meme kanserinin yüksek insidansı ve çeşitli meme kanser cerrahi tekniklerinin uygulanması nedeniyle meme cerrahisinin komplikasyonları iyi bilinmelidir. Meme cerrahisine ait komplikasyonların önlenmesi için alınacak tedbirler veya komplikasyonların erken saptanarak tedavi edilmesi olası morbiditelerinin önüne geçerek postoperatif tedavi sürecinin başarısına katkı sağlayacaktır.

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