

BÖLÜM 4

MEME KANSERİNDE PROSTETİK ONARIM

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GİRİŞ

Endikasyonlar ve Hasta Seçimi

Meme kanseri nedeniyle mastektomi geçiren hastaların çoğu protez rekonstrüksiyonu için adaydır. Bu hastalarda otolog meme rekonstrüksiyonunu sınırlayan bazı faktörler olabilir. Hastaların genel tıbbi durumunun elverişsiz olması, uygun olmayan donör alan, yaşam tarzlarının otolog rekonstrüksiyona izin vermemesi, bu faktörlerden birkaçını oluşturur. Böyle durumlarda protez ile meme rekonstrüksiyonu daha yaşlı hastalar için bile güvenli ve uygulanabilir bir seçenek olabilir. Komplikasyon oranlarının hemen yapılan otolog rekonstrüksiyonlarda, hemen yapılan protezik rekonstrüksiyonlara kıyasla daha yüksek bulunduğu çalışmalar, literatürde yer almaktadır ⁽¹⁾.

Memenin yeniden oluşturulmasıyla ilgili seçim yapmak, hastalar açısından zor olabilir ^(2,3). Birçok hasta memenin yeniden oluşturulmasını istememektedir. Bunun sebebi prosedür hakkında yeterli bilgiye sahip olmamaları, yeni oluşturulacak memenin fiziksel ve ruhsal açıdan kendilerine yapacağı katkının farkında olmamaları ya da yapılacak işlemlerin ileride meydana gelecek olası bir kanser nüksünü maskeleyebileceği korkusu olabilir ⁽²⁾. Yeniden meme oluşturulması konusunda istekli olan hastaların gerekçeleri ise eksternal protezleri kullanmak istememeleri, kıyafet seçimi konusunda daha özgür olmak istemeleri ve vücutlarını eskisi gibi yeniden bir bütün olarak hissetmek istemeleridir ^(2,4).

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