

## BÖLÜM 2

# İNVAZİV MEME KANSERİNDE CERRAHİ TEDAVİ

Ebru ŞEN<sup>1</sup>

## GİRİŞ

Günümüzde meme kanserinin tedavisi, hastanın tümör biyolojisine göre belirlenen bireyselleştirilmiş ve cerrahi, kemoterapi, radyoterapi, hormonoterapi, hedefe yönelik tedavi yöntemlerini içerebilen multidisipliner bir yaklaşımı gerektirir.

## TARİHİ GELİŞMELER

### Meme Kanserindeki Gelişmeler

Meme kanseriyle ilgili ilk belgeler MÖ. 3000 yılına uzanmaktadır ve hastalığın tedavisinin olmadığı yazılmıştır (1). Hipokrat ile başlayan ve Galen ile devam eden patoloji teorisinde tümöral oluşumun nedeninin kara safra olduğu düşünülüyormuş. Bu dönemde meme amputasyonları uygulanmakta ancak hastalar, kanama ve sepsis gibi kötü koşullardan kaybedilmekteydi. 16. yy'da Ambroise Paré malign tümörleri, "meydana geldiği yerin elemanlarından oluşan etin fazla büyümesi" olarak tanımlamış ve meme kanserinin ise koltukaltı ganglionları aracılığı ile yayılım yaptığını ileri sürmüştür (2). İlerleyen yıllarda radikal mastektominin temelleri atılmış ancak başarılı sonuçlar alınmamıştı. Ancak 19.yy'da anestezi ve mikrobiyoloji alanında yaşanan gelişmeler ameliyatların sonuçlarını dramatik olarak değiştirdi. Bu yüzyılda meme kanserinden kür elde etmenin ancak geniş

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