

BÖLÜM 23

Erkek faktörü ve Üremeye Yardımcı Teknikler

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GİRİŞ

Dünya sağlık örgütü infertiliteyi en az 12 ay düzenli, korunmasız cinsel ilişkiden sonra gebe kalamama olarak tanımlamaktadır. İnfertilite dünya çapında önemli bir sağlık sorunudur ve üreme çağındaki çiftlerin yaklaşık %12'sini etkilemektedir. İnfertilitenin prevalansının 1990 ve 2017 yılları arasında artışı yaşlara göre standardize edildiğinde 1990 ve 2017 yılları arasında, yaşa göre standardize edilmiş kısırlık prevalansının her yıl kadınlarda %0,370 ve erkeklerde %0,291 arttığı gösterilmiştir (1). Sadece Erkeğe bağlı infertilite olguları % 30 olmakla birlikte, %20 oranında kadın infertilitesine erkek faktörü de eşlik etmektedir. İlginç olarak hayat şartlarının teknolojiyle birlikte artmasına rağmen son 60 yılda erkeklerde sperm sayısının %50 oranında azalmakta olduğu gösterilmiştir (2). Erkek infertilitesi konjenital edinsel veya idiopatik olabilmektedir. Erkeğe bağlı infertilite etyolojisi bu kitabın başka bölümlerinde daha detaylı anlatılmıştır. Jinekolojik açıdan infertilite şikayeti olan bir çifti incelediğimizde erkeğe bağlı bir neden olup olmadığını uygun kalitede incelenmiş sperm analizi ile anlayabilmekteyiz. Bu bağlamda spermiyogram testi sonucuna göre erkek faktörünü adlandırmaktayız:

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