

BÖLÜM 12

Semen Analizi

Ferhat CENGİZ¹
Kemal ERTAŞ²

GİRİŞ

Erkek üreme hücresi olan sperm ilk olarak Anton Van Leewhoek tarafından 1678 yılında mikroskopta görülmüş animalcules veya spermatikworms olarak tanımlanmıştır (Şekil-1-2) (1). Bilim adamlarının çoğu 1850 yılına kadar spermatozoayı parazit olarak tanımlamışlardır. 1841 yılında Albert VonKolliker spermatozoanın parazit olmadığını testislerde üretilen hareketli otolog hücreler olduğunu belirtmiştir. Macomber ve Saunders 1929'da ilk kez insan semenini incelemiş ve gebelik için enaz 60 milyon sperm olması gerektiğini belirtmiştir (2). Dünya sağlık örgütü (WHO) 1980 yılında ilk kez insan semen analizlerinin standardize edilmesi için el kitabı yayımlamıştır. Referans aralıklarını belirlemek için üç kıta ve sekis ülkede yakın zamanda baba olmuş erkeklerin semen verileri kullanılmıştır. El kitabı o zamandan beri birçok kez güncellenmiştir. Son 40 yıldır el kitabının evrensel standartları sağladığı anlaşılmış dünya ölçüğünde yaygın biçimde kullanılmaktadır.

¹ Embriyolog, Memorial Dicle Hastanesi Tüpbebek Laboratuvarı, ferhatcengiz@yahoo.com

² Op. Dr., Memorial Dicle Hastanesi Üroloji Bölümü, drertask@hotmail.com

Sperm Ultrastrüktür Değerlendirilmesi

Sperm motilitesi, diğer tüm motil hücrelerin silia yapılarında olduğu gibi kuyruk bölümünden 9+2 mimarisinde sağlıklı bir mikrotübül yapısına sahip olmasını gerektirir. İnsanlarda immotil silia sendromu vb. durumlarda olduğu gibi mikrotübül formasyonu bozulmuş ve motil sperm oranı düşmüş olabilmekte ancak bu hücreler metabolik olarak normal aktivite gösterebilmektedir. Dolasıyla semen analizinde motil sperm oranı %10 altında olan ancak vitalitesi normal olan infertil erkeklerde; sperm ultrastrüktür değerlendirme yapılmasının klinik olarak faydalı olduğu gösterilmiştir (6).

KAYNAKLAR

- Clark GN. ART and history, 1678-1978. *Human Reprod* 2006;16:45-50.
- Taylor PJ, Martin RH. Semen analysis in the investigation of infertility. *Can Fam Physician*. 1981 Jan;27:113-6. PMID: 21289667; PMCID: PMC2305799.
- Björndahl L, Kvist U. Sequence of ejaculation affects the spermatozoon as a carrier and its message. *Reprod Biomed Online*. 2003 Oct-Nov;7 (4):440-8. doi: 10.1016/s1472-6483(10)61888-3. PMID: 14656406.
- Cooper TG. Cytoplasmic droplets: the good, the bad or just confusing? *Hum Reprod*. 2005 Jan;20 (1):9-11. doi: 10.1093/humrep/deh555. Epub 2004 Oct 7. PMID: 15471925.
- CampbelWalshWeinUrology 12 edition
- Gül Ü, Turunç T ve ark. Erkek Cinsel sağlığı ve fertilitesi 2021;73-83
- WHO laboratory manual for the examination and processing of human semen, Sixth Edition 2021
- Niederberger, Craig S. "Semen and the curse of cutoffs." *The Journal of Urology* vol. 185,2 (2011): 381-2. doi:10.1016/j.juro.2010.11.018
- Schlegel, Peter N et al. "Diagnosis and Treatment of Infertility in Men: AUA/ASRM Guideline PART II." *The Journal of Urology* vol. 205,1 (2021): 44-51. doi:10.1097/JU.0000000000001520
- Cooper, Trevor G et al. "World Health Organization reference values for human semen characteristics." *Human reproduction update* vol. 16,3 (2010): 231-45. doi:10.1093/humupd/dmp048
- De Jonge, Christopher et al. "Influence of the abstinence period on human sperm quality." *Fertility and Sterility* vol. 82,1 (2004): 57-65. doi:10.1016/j.fertnstert.2004.03.014
- Pound, Nicholas et al. "Duration of sexual arousal predicts semen parameters from masturbation ejaculates." *Physiology & Behavior* vol. 76,4-5 (2002): 685-9. doi:10.1016/s0031-9384(02)00803-x
- Auger, J et al. "Decline in semen quality among fertile men in Paris during the past 20 years." *The New England Journal of Medicine* vol. 332,5 (1995): 281-5. doi:10.1056/NEJM199502023320501
- Dickerman, Z et al. "Andrological parameters in human semen of high (greater than or equal to 6 ml) and low (less than or equal to 1 ml) volume." *Andrologia* vol. 21,4 (1989): 353-62.
- Chemes, E Hector, and Y Vanesa Rawe. "Sperm pathology: a step beyond descriptive morphology. Origin, characterization and fertility potential of abnormal sperm phenotypes in infertile men." *Human reproduction update* vol. 9,5 (2003): 405-28. doi:10.1093/humupd/dmg034

16. Correa-Pérez, Juan R et al. "Clinical management of men producing ejaculates characterized by high levels of dead sperm and altered seminal plasma factors consistent with the epididymal necrospERMIA." *Fertility and sterility* vol. 81,4 (2004): 1148-50. doi:10.1016/j.fertnstert.2003.09.047
17. Kruger, T F et al. "New method of evaluating sperm morphology with predictive value for human in vitro fertilization." *Urology* vol. 30,3 (1987): 248-51. doi:10.1016/0090-4295(87)90246-9
18. van der Merwe, F H et al. "The use of semen parameters to identify the subfertile male in the general population." *Gynecologic and obstetric investigation* vol. 59,2 (2005): 86-91. doi:10.1159/000082368
19. Agarwal, Ashok et al. "Oxidative stress in an assisted reproductive technique setting." *Fertility and sterility* vol. 86,3 (2006): 503-12. doi:10.1016/j.fertnstert.2006.02.088
20. Aktan, Gülsen et al. "Mystery of idiopathic male infertility: is oxidative stress an actual risk?" *Fertility and sterility* vol. 99,5 (2013): 1211-5. doi:10.1016/j.fertnstert.2012.11.045
21. Jager, S et al. "A simple method of screening for antisperm antibodies in the human male. Detection of spermatozoal surface IgG with the direct mixed antigen globulin reaction carried out on untreated fresh human semen." *International journal of fertility* vol. 23,1 (1978): 12-21.
22. Larsen, L et al. "Computer-assisted semen analysis parameters as predictors for fertility of men from the general population. The Danish First Pregnancy Planner Study Team." *Human reproduction (Oxford, England)* vol. 15,7 (2000): 1562-7. doi:10.1093/humrep/15.7.1562
23. Shibahara, Hiroaki et al. "Prediction of pregnancy by intrauterine insemination using CASA estimates and strict criteria in patients with male factor infertility." *International journal of andrology* vol. 27,2 (2004): 63-8. doi:10.1111/j.0105-6263.2004.00437.x
24. Davis, R O, and D F Katz. "Computer-aided sperm analysis: technology at a crossroads." *Fertility and sterility* vol. 59,5 (1993): 953-5. doi:10.1016/s0015-0282(16)55909-3
25. Krause, W. "The significance of computer-assisted semen analysis (CASA) for diagnosis in andrology and fertility prognosis." *International journal of andrology* vol. 18 Suppl 2 (1995): 32-5.
26. Auger, J et al. "Sperm morphological defects related to environment, lifestyle and medical history of 1001 male partners of pregnant women from four European cities." *Human reproduction (Oxford, England)* vol. 16,12 (2001): 2710-7. doi:10.1093/humrep/16.12.2710
27. Jouannet, P et al. "Male factors and the likelihood of pregnancy in infertile couples. I. Study of sperm characteristics." *International journal of andrology* vol. 11,5 (1988): 379-94. doi:10.1111/j.1365-2605.1988.tb01011.x
28. Aziz, N et al. "The sperm deformity index: a reliable predictor of the outcome of oocyte fertilization in vitro." *Fertility and sterility* vol. 66,6 (1996): 1000-8. doi:10.1016/s0015-0282(16)58697-x
29. MenkvelD, R et al. "Semen parameters, including WHO and strict criterion morphology, in a fertile and subfertile population: an effort towards standardization of in-vivo thresholds." *Human reproduction (Oxford, England)* vol. 16,6 (2001): 1165-71. doi:10.1093/humrep/16.6.1165
30. MenkvelD, R et al. "Acrosomal morphology as a novel criterion for male fertility diagnosis: relation with acrosin activity, morphology (strict criteria), and fertilization in vitro." *Fertility and sterility* vol. 65,3 (1996): 637-44. doi:10.1016/s0015-0282(16)58167-9
31. Agarwal, Ashok et al. "Reactive oxygen species as an independent marker of male factor infertility." *Fertility and sterility* vol. 86,4 (2006): 878-85. doi:10.1016/j.fertnstert.2006.02.111
32. Aitken, R John et al. "Oxidative stress in the male germline and its role in the aetiology of male infertility and genetic disease." *Reproductive biomedicine online* vol. 7,1 (2003): 65-70. doi:10.1016/s1472-6483(10)61730-0

33. Desai, Nisarg et al. "Physiologicandpathologiclevels of reactiveoxygenspecies in neat semen of infertile men." *Fertilityandsterility* vol. 92,5 (2009): 1626-31. doi:10.1016/j.fertnstert.2008.08.109
34. Liu, D Y et al. "A human sperm-zona pellucidabinding test usingoocytesthatfailedtofertilize in vitro." *Fertilityandsterility* vol. 50,5 (1988): 782-8. doi:10.1016/s0015-0282 (16)60316-3
35. Liu, D Y et al. "Human sperm-zona pellucidabinding, sperm characteristicsand in-vitrofertilization." *Human reproduction (Oxford, England)* vol. 4,6 (1989): 696-701. doi: 10.1093/oxfordjournals.humrep.a136969
36. Liu, De Yi et al. "Normal rangeandvariation of the zona pellucida-inducedacrosomereaction in fertile men." *Fertilityandsterility* vol. 80,2 (2003): 384-9. doi:10.1016/s0015-0282 (03)00603-4
37. Franken, D R et al. "Hemizonaassayusing salt-storedhumanooocytes: evaluation of zona pellucidacapacityforbindinghumanspermatozoa." *Gamete research* vol. 22,1 (1989): 15-26. doi:10.1002/mrd.1120220103
38. Liu, De Yi, and H W Gordon Baker. "High frequency of defective sperm-zona pellucidainteraction in oligozoospermicinfertile men." *Human reproduction (Oxford, England)* vol. 19,2 (2004): 228-33. doi:10.1093/humrep/deh067
39. Franken, D R et al. "Physiologicalinduction of theacrosomereaction in human sperm: validation of a microassayusing minimal volumes of solubilized, homologous zona pellucida." *Journal of assistedreproductionandgenetics* vol. 17,3 (2000): 156-61. doi:10.1023/a:1009418222397
40. Liu, D Y, and H W Baker. "Morphology of spermatozoaboundtothe zona pellucida of humanooocytesthatfailedtofertilize in vitro." *Journal of reproductionandfertility* vol. 94,1 (1992): 71-84. doi:10.1530/jrf.0.0940071
41. Evenson, D P et al. "Characteristics of human sperm chromatinstructurefollowing an episode of influenzaandhighfever: a casestudy." *Journal of andrology* vol. 21,5 (2000): 739-46.
42. Huang, W J et al. "Germ-cellnondisjunction in testesbiopsies of men withidiopathicinfertility." *Americanjournal of humangenetics* vol. 64,6 (1999): 1638-45. doi:10.1086/302402
43. Sarrate, Zaida et al. "Role of sperm fluorescent insituhybridizationstudies in infertilepatients: indications, studyapproach, andclinicalrelevance." *Fertilityandsterility* vol. 93,6 (2010): 1892-902. doi:10.1016/j.fertnstert.2008.12.139
44. Kohn, Taylor P et al. "Geneticcounselingfor men withrecurrentpregnancylossorrecurrentimplantationfailureduetoabnormal sperm chromosomalaneuploidy." *Journal of assisted-reproductionandgenetics* vol. 33,5 (2016): 571-576. doi:10.1007/s10815-016-0702-8
45. Ramasamy, Ranjith et al. "Fluorescence insituhybridizationdetectsincreased sperm aneuploidy in men withrecurrentpregnancyloss." *Fertilityandsterility* vol. 103,4 (2015): 906-909.e1. doi:10.1016/j.fertnstert.2015.01.029
46. Zidi-Jrah, Ines et al. "Relationshipbetween sperm aneuploidy, sperm DNA integrity, chromatinpackaging, traditional semen parameters, andrecurrentpregnancyloss." *Fertilityandsterility* vol. 105,1 (2016): 58-64. doi: 10.1016/j.fertnstert.2015.09.041
47. Zinaman, M J et al. "Semen qualityandhumanfertility: a prospectivestudywithhealthycouples." *Journal of andrology* vol. 21,1 (2000): 145-53.