

## LARENGOLOJİDE OFİS UYGULAMALARI

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### Giriş

Son zamanlarda endoskopik ve larengoskopik muayenelerin yaygınlaşması, bu alanlardaki teknolojik yenilikler, topikal anestezi uygulamalarındaki gelişmeler ve asistan/yandal eğitimindeki aldığı yerin artması sonucu larengeal ofis uygulamaları sıklıkla uygulanmaya başlanmıştır (1). Günümüzdeki larengeal işlemlerin yaklaşık %15'i ofis şartlarında uygulanabilmektedir (2). Tanı ve tedavinin hızlıca ofis şartlarında yapılması önemli bir avantaj olarak görülmektedir. Hasta uyumu ile birlikte genel anestezi maliyet ve komplikasyonlarından uzaklaşılması diğer bir avantaj olarak dikkati çekmektedir. Fleksibl endoskopik, larengoskopik muayeneler, transnazal özefagoskopi (TNÖ) uygulamaları ve biyopsiler, dolgu materyalleri ile enjeksiyon larengoplastiler, botulinum toksin ve steroid enjeksiyonları ile lazer cerrahileri en önde gelen ofis uygulamalarını oluşturmaktadır (3).

### Tarihçe

Yirminci yüzyılın başlarında Jackson tarafından başlatılan direkt larengoskopik uygulamalar son 30 yıllık süreçte fleksibl endoskopi ve yüksek çözünürlüklü endovizyon sistemlerinin devreye girmesiyle artan görüntü kalitesi, transnazal özefagoskopinin gelişimi ve çalışma kanalı aracılığıyla girişimsel işlemlere olanak sağlaması ofis şartlarında larengolojik işlemlerin sıklığını artırmaktadır (4).

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