

BÖLÜM 18



ÖZOFAGUS CERRAHİLERİNDE POSTOPERATİF YOĞUN BAKIM

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ÖZET

Özofagusun cerrahi tedavi gerektiren hastalıkları divertiküller, motilite bozuklukları ve kanserleri olarak karşımıza çıkmaktadır.

Anatomik olarak özofagus posterior mediastende yer alır. Önemli anatomik komşuluklarını trakea, kalp ve akciğerler oluşturmaktadır. Özofagus cerrahileri sonrasında gelişen cerrahi olmayan komplikasyonlar da bu anatomik komşuluklar ile ilişkili olarak gelişir.

Postoperatif dönemde yoğun bakım izlemi gereken özofagus cerrahisi hastalarında cerrahi komplikasyonların takibi kadar cerrahi olmayan komplikasyonların da takip ve yönetimi mortalite ve morbidite üzerine etkilidir.

Tüm yoğun bakım hastalarında olduğu gibi özofagus cerrahisi sonrasında uygulanacak yoğun bakım pratiğinde FAST HUGS BID kodlaması kullanılabilir.

Yoğun preoperatif solunum rehabilitasyonu ve beslenme desteği, özofajektomi sonrası postoperatif pulmoner komplikasyonları azaltır.

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mü için pulmoner arter kateteri gerekmektedir. Santral venöz kateterden ölçüm yapabilen santral venöz oksijen ölçümü ile miks venöz oksijen ölçümü arasında miks venöz oksijen saturasyonunun fazlalığı lehine %2-3'lük bir fark vardır (47). Yine lüzum halinde hastalarda nörolojik monitörizasyon için Glaskow koma skorlaması, EEG, uyarılmış potansiyeller, intrakranial basınç monitörizasyonu, serebral kan akımı monitörizasyonu (Transkranyal dopler inceleme ile) ve serebral metabolizma monitörizasyonu için NIRS(Near infrared spectroscopy) yöntemleri kullanılabilir (47).

COVID-19 pandemisi sırasında özel hususlar: COVID-19 salgını, kanser tedavisinin karmaşıklığını artırdı. Önemli konular arasında kanser tedavisini geciktirme riskinin COVID-19'dan kaynaklanan zarara karşı dengelenmesi, mümkün olduğunda maruziyeti azaltmak için klinik ve hastane ziyaretlerinin sayısının en aza indirilmesi, sosyal mesafenin bakım sunumu üzerindeki olumsuz etkilerinin azaltılması ve sınırlı sağlık hizmetlerinin uygun ve adil bir şekilde tahsis edilmesi yer alıyor. COVID-19 ile ilgili tedbirler, uygulamalar pandemi seyri ve yerel kurulların aldığı kararlara göre değişiklik göstermektedir.

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