

# BÖLÜM 14



## KOSTİK MADDE KULLANIMINA BAĞLI ÖZOFAGUS YARALANMASI TANI VE TEDAVİ

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### ÖZET

Kostik yaralanmalar çocuklarda daha çok kazara olurken, ergenlerde ve yetişkinlerde kasıtlı yutma olarak ortaya çıkar. Hem alkali hem de asidik yaralanmalar için patofizyolojik modeller tanımlanmıştır. Bununla birlikte klinik takip ve tedavi, tüm kostik ürünler için benzerdir. İlk değerlendirme öykü, fizik muayene, laboratuvar değerleri, endoskopik muayene ve görüntüleme çalışmalarını içerir. Hafif dereceli yaralanmalar, oral alımı tolere edebiliyorsa ayaktan takip edilip taburcu edilir. Orta dereceli yaralanmalar, hastane ortamında yakın gözlem ve tedavi gerekli iken, ciddi yaralanmalarda cerrahi müdahale gerektirir. Uzun vadeli komplikasyonlar, tekrarlayan striktürler ve malignite gelişimidir.

### EPİDEMİYOLOJİ

Kostik madde alımının kazara ve kasıtlı olmak üzere iki etiyolojisi vardır. Hastanın yaşı etiyolojiyi öngörmeye yardımcıdır. 5 yaşından küçük pediyatrik hastalarda kazara yutma meydana gelirken, ergenlerde ve yetişkinlerde kendine zarar vermek için kasıtlı olarak bu yutma eylemi ortaya çıkar.

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## SONUÇ

Kostik madde alımı alınan tüm önlemlere rağmen hem çocuklarda hem de yetişkinlerde ciddi problem oluşturmaya devam etmektedir. Bu hastaların büyük çoğunlu basit tıbbi müdahalelerle tedavi edilirken geri kalan kısmında majör cerrahiler gerekebilmektedir. Mevcut çalışmalarda oturmuş cerrahi konsensüs bulunmamaktadır. Literatürde önerilen tedaviler az sayıda vaka üzerinde yapılan tedavilerdir. Daha iyi sonuçlar ortaya çıkması için büyük vaka sayıları ve metaanalizler gereklidir.

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