

## Bölüm 19

# Paraneoplastik Alerjik Reaksiyonlar

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### GİRİŞ

Allerji bağışıklık sistemimizin normalde zararsız olarak bilinen maddelere karşı oluşturduğu aşırı duyarlılık reaksiyonlarıdır. Günümüzde alerjik hastalıkların sıklığı giderek artmaktadır. Alerji ile sistemik hastalıklar arasındaki ilişki ise merak edilen konular arasındadır. Kanser ve allerjik hastalıklar arasındaki ilişki ise uzun zamandır bilinmektedir. Ancak etki eden mekanizmalar netlik kazanmamıştır. Doku ve kanda azalan histamin düzeylerinin tümör prosesyonunda risk artısına neden olduğu, eozinofil ve Th2 hücreleri kaynaklı sitokinler olan interlökin-4 (IL-4) ve interlökin-10 (IL-10)'un ise antitümör etkinliği olduğu bilinmektedir (1, 2). Kanser ile ilgili yapılan epidemiyolojik çalışmalarında kendi içinde çelişkiler bulunmaktadır. Atopinin prostat ve testis kanserinde bir risk faktörü olduğunu belirten çalışmalar olmakla birlikte, atopinin lösemi, lenfoma ve beyin tümörlerinde daha az olduğunu gösteren çalışmalar da mevcuttur (3-6).

Alerjik hastalıklar başta solunum sistemi ve deri olmak üzere birçok sistemi etkiler, bu kapsamda inatçı öksürük, geçmeyen deri döküntüleri ve kaşıntı şikayetlerinde alerjik durumların araştırılması önem arz etmektedir. Ancak altta yatan sebep araştırılmadan hastaya verilen antihistaminik tedavi ve sistemik steroid tedavisi tanı konusunda bizleri yanlışlıkla sokabilir. Bu kapsamda alerjik semptomları olan her hastaya "alerjik" demeden önce göz önünde bulundurulması gereken konulardan biri de paraneoplastik sendromlardır. Kanser ile ve ilişkili semptomları ile uğraşan hekimlerin paraneoplastik sendromları onları taklit eden iyi huylu hastalıklardan ayırt edebilmesi gerekmek-

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Basit allerjik reaksiyonların sadece basit allerjik hastalıklarla ilişkili olmadığını, malignite öncülü olabileceği veya hatta malignitede nüksü gösteren bir alarm semptomu olabileceği her zaman akılda tutulmalıdır.

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