

Bölüm 15

Paraneoplastik Hipoglisemi

Merve DİRİKOÇ¹

GİRİŞ

Açlık plazma glukozunun normal değerinin alt sınırı 70mg/dl'dir (3,9mmol/L) (1). Daha düşük değerler hipoglisemi olarak adlandırılır. Hipogliseminin tanısı düşük plazma glukozu, hipoglisemi işaret ve semptomları, hipoglisemi düzeltilince semptomların geri çekilmesinden oluşan Whipple Triadı ile desteklenir. Hipoglisemiye yol açan bir tedavi olmaksızın spontan ve tekrarlayıcı hipogliseminin medikal olarak çözümü zorlayıcı olup birçok sebepten kaynaklanmaktadır: postprandiyal hipoglisemi, insülinoma, otoimmün hipoglisemi, adrenal yetmezlik veya kritik hastalık (2). Nadiren pankreastan kaynaklanmayan bazı tümörler paraneoplastik hipoglisemiye sebep olur ve bu durum adacak hücrelerinden kaynaklanmayan tümör hipoglisemisi (NICTH) olarak adlandırılır (3,4).

NICTH

NICTH birçok malign ve benign tümörün seyrinde görülebilen nadir bir paraneoplastik sendromdur (5). Literatürde mezotelyoma, hemanjioperistom, adrenokortikal karsinom, pankreatik kanser, medüller tiroid kanseri, lenfoma/lösemi, fibrosarkom, karsinoid sendrom, gastrointestinal stromal tümör, renal hücreli kanser, prostat kanseri, meme kanseri, mesane kanseri ve soliter fibröz tümörlerin seyrinde görüldüğü vakalar raporlanmıştır (2,3,6). NICTH ilişkili tümörler Tablo 1'de gösterilmiştir (7). NICTH ilk olarak 1929'da Nadler ve arkadaşları tarafından metastatik hepatoselüler karsinomlu bir hastada tespit edilmiştir (h). Toraks yerleşimli soliter fibröz tümörlerde tespit edilen

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