

Bölüm 12

Paraneoplastik Gastrointestinal Sendromlar

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GİRİŞ

Paraneoplastik sendrom (PNS), bir tümör veya tümörün metastazları ile doğrudan ilgili olmayan, yerleşim yerlerinden uzaktaki bir organı veya sistemi etkilemesi sonucu gelişen sistemik bulgulardır. Klinik belirtileri çok değişken ve tanı konulması zordur. PNS, neoplastik hücrelerden salınan hormon, hormon benzeri peptit, büyümeye faktörleri ve sitokinlere bağlı olarak gelişir. Bunun yanı sıra konağın immün yanımı da oluşan organ hasarı ve klinik semptomlar ile ilişkilidir. Etkiledikleri organa veya sisteme göre sınıflandırılırlar (1). Bu bölümde, gastrointestinal PNS tanı ve tedavileri özetlenecektir.

MALİGNİTE İLİŞKİLİ DISMOTİLİTE

Gastrointestinal motilite; gastrointestinal sistemde yer alan düz kasların intrinsek ve ekstrensek sinirler ile koordineli bir şekilde uyarılması ve çalışması sonucu oluşur. Bu koordinasyonda olabilecek fonksiyonel ya da yapısal bozukluk motilite bozukluğuna sebep olur. Gastrointestinal sistem motilite bozukluğu özofagus, mide, ince barsak veya kolonda olabilir. Çeşitli sistemik hastalıklarda gastrointestinal motilite bozuklukları görülebilmektedir. Paraneoplastik dismotiliteden şüphelenirken, öncelikle maligniteye bağlı çölyak veya vagal sinirin invazyonu, cerrahi sonrası oluşan dismotilite, mekanik obstrüksyonlar, radyoterapi tedavisinin etkisi, diyabetes mellitus, hipotiroidi ve sistemik romatolojik hastalıklar dışlanmalıdır (2). Literatürde küçük hücreli akciğer kanseri, meme, over ve pankreas kanseri, karsinoid, retroperitone-

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