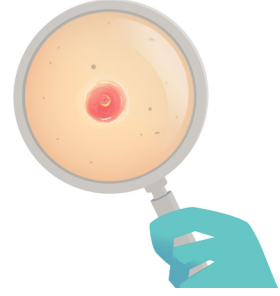


BÖLÜM 12

NEVÜS SEBASEUS



Vildan ELİBOL¹

GENEL BİLGİLER

Nevüs sebaceus; sinonim isimlendirmeleriyle organoid nevüs ya da Jadassohn'un nevüs sebaceus'u, hamartomatöz bir lezyondur. Epidermal, dermal, foliküller ve apokrin gibi birden fazla adneksiyal yapıya doğru farklılaşma içerir (1). Bu nedenle kompleks adneksiyal tümörler grubunun en bilinen lezyonlardandır (2).

KLİNİK BULGULAR

Genellikle saçlı deride, yüz ve boyun bölgesinde bulunur, çok nadir olarak oral mukozaya (3) ve genital bölge lokalizasyonları da bildirilmiştir (4). Sıklıkla konjenitaldir. Çocuklukta bu lezyon genellikle 1-6 cm ölçülerinde iyi sınırlı, deriden hafif kabarık, üzerinde kıl yapıları izlenmeyen tek bir plaktan oluşur. Çoğunlukla lineer olmakla birlikte bazen yuvarlak veya düzensiz şekilli de olabilir (5). Ergenlikte lezyon androjenik etki ile verrüköz ve nodüler hale gelir. İleri yaşlarda kahverengi ve daha sert verrüköz görünüm alırlar (6). Nadiren yüz, boyun, gövdede çok sayıda ve geniş lezyonlar oluşturabilirler. Özellikle sendromlara eşlik eden olgularda blaşkoid² da-

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² Blaschkoid (through Blaschko lines of skin)



TEDAVİ

Cerrahi olmayan yaklaşımlar, topikal aminolevulinik asit ile fotodinamik tedaviyi içerir (19). Nevüs sebaceuslar için takip eden malignitenin düşük insidansı nedeniyle sadece kozmetik amaçlı cerrahiler ile tedavi etme yaklaşımları bulunsa da daha güncel çalışmalar; erken dönem görülen malignite riski nedeniyle, çocuklukta, ideal olarak genişleme fazının başlangıcından önce çıkarılması gerektiğini söylemektedir (50).

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