Bölüm 3

TEMPOROMANDİBULAR EKLEM HASTALIKLARINDA ORTODONTİK YAKLAŞIM

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TEMPOROMANDİBULAR EKLEM HASTALIKLARI

Temporomandibular bozukluklar multifaktöriyel nedenlere bağlıdır. Temporomandibular bozuklukların çok yönlü etiyolojik doğası teşhisini dolayısıyla tedavi planının belirlenmesini zorlaştırmaktadır. Bu nedenle pek çok araştırıcı tarafından temporomandibular eklem bozuklukları sınıflandırmaları yapılmıştır.(1)

Temporomandibular Bozuklukların Sınıflandırılması

Okeson' un temporomandibular bozuklukların sınıflandırması şu şekildedir[2]:

1. Çiğneme Kası Rahatsızlıkları
   a. Koruyucu kas kasılması
   b. Lokal kas ağrısı
   c. Miyofasyal ağrı
   d. Miyospazm
   e. Miyozit
2. Temporomandibular Eklem Bozuklukları
   a. Kondil Disk Kompleksinin Düzensizlikleri
      i. Redüksiyonlu disk deplasmanı
      ii. Redüksiyonsuz disk deplasmanı

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Bu çalışmalar ortodontistleri rahatlatmasına rağmen, TME disfonksiyon semptomları insidansının ortodontik olarak tedavi edilmiş popülasyonda, tedavi edilmemiş popülasyondan daha düşük olmadığı da unutulmamalıdır.[2]

SONUÇ

Çalışmalar ortodontik tedavi ile TME disfonksiyonu arasında bir ilişki ortaya koymasa da ortodontik tedavinin temporomandibular hastalığın potansiyel sebebi olabileceği unutulmamalıdır; burada anahtar kelime oklüzyondur. Eklemin muskuloskeletal stabil pozisyonu ile uyum içinde olmayan bir oklüzal durum oluşturan her dental prosedür hastayı bu problemlere yatkınlaştırabilir. Bu ortodontik veya prostodontik veya cerrahi tedavilerde bile ikincil olarak meydana gelebilir.[2]

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