

BÖLÜM 17



İŞİTME HABİLİTASYONU/ REHABİLİTASYONU VE İMPLANTE EDİLEBİLİR İŞİTME CİHAZLARI

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GİRİŞ

İşitme kaybı 1000 canlı doğumun 1-3'ünde görülür (1). 1,5 milyar işitme kaybının çoğu (1,16 milyar) hafif işitme kaybına sahiptir (2,3). Orta veya ileri işitme kaybının küresel prevalansı yaşla birlikte artar ve 60 yaşında %12,7'den 90 yaşında %58'in üzerine çıkar (4-6).

İşitme kaybı yaşamın çeşitli yönlerini: işitsel (işitme, dinleme, iletişim, konuşma), sosyal (ilişkiler, izolasyon, depresyon, sosyal yaşam, mesleki) ve benlik (çaba ve yorgunluk, duygular, kimlik) etkiler (7-10). Çocuklarda işitme kaybının en belirgin etkisi dil gelişimi üzerinedir (11-14). İşitme kaybında beyinde yapısal değişikliklerin de geliştiği görülmüştür. Yapılan bir çalışmada konjenital işitme kaybında gri maddenin en çok frontal lobda, kazanılmış işitme kaybında ise en fazla insulada (aynı zamanda frontal lobda da) azaldığı görülmüştür (15,16). Zayıf işitme, yetişkinlerde sosyal izolasyon, 60 yaşından büyükler için artan bunama, düşme ve diğer zararlı sağlık koşulları riski ile ilişkilendirilmiş ve demans gelişimi için en güçlü risk faktörü olduğu belirtilmiştir (17-19). İşitsel yoksunluk merkezi sinir sisteminde işitme ile ilgili sahalarda atrofiye, bu

da ilgili tüm temporal fonksiyonlarda zayıflamaya, konuşmayı algılayamama ve ayırt edememe sorunlarına neden olur (20,21).

HABİLİTASYON/ REHABİLİTASYON

Rehabilitasyon bir hastalık veya yaralanmadan sonra becerilerin iyileştirilmesi veya geri kazandırılması, habilitasyon ise olmayan veya henüz gelişmemiş bir yeteneğin öğretilmesidir (22,23).

İşitsel rehabilitasyonda yapılması gerekenler sırasıyla işitme kaybının tanımlanması, uygun dinleme cihazları, yardımcı dinleme cihazları, işitsel algı eğitimi, iletişim strateji eğitimi, aile rehberliği, psiko-sosyal danışmanlık, bilişsel/lisan gelişimi, konuşma-dil terapisi ve hizmet içi eğitimden oluşmaktadır (22,24).

İŞİTME CİHAZLARI

İşitme Cihazının Bölümleri

1. Mikrofon: Akustik enerji şeklinde gelen sesi elektrik enerjisine dönüştürür.
2. Amplifikatör: Mikrofondaki elektrik enerjisi-

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