MENENJİT / ENSEFALİTLİ HASTAYA YAKLAŞIM

38. BÖLÜM

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GİRİŞ

Menenjit, beyni ve omuriliği çevreleyen dokularda, leptomeninkslerin enflamatuvar bir hastalığıdır ve beyin omurilik sıvısında (BOS) anormal sayıda beyaz kan hücresi ile tanımlanır (1).

ETİYOLOJİ

Bakteriyel menenjit toplumdan edinilmiş veya sağlık bakımı ile ilişkili olabilir. Gelişmiş ülkelerde toplum kökenli menenjitin en sık nedenleri *Streptococcus pneumoniae*, *Neisseria meningitidis ve* 50 yaş üstünde ve/veya hücre aracılı bağışıklık eksikliği olanlarda *Listeria monocytogenes*'dir. Sağlık bakımı ile ilişkili bakteriyel menenjitin ana nedenleri farklıdır (genellikle stafilokok ve aerobik gram-negatif basiller) ve nöroşirurji sonrası ortaya çıkan vakalarda, cerrahi alan enfeksiyonunu önlemek için antimikrobiyal profilaksi verilip verilmediğine göre değişebilir. Sağlık bakımı ile ilişkili bakteriyel menenjit, ventriküler dren veya şantı olan hastalarda veya kafa travmasını takiben de meydana gelebilir (1,2).

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